



Science Club

November 2015:

Science Club

Headlines

Business Accounts

Competition

BDT trip to London

Girls onto Engineering

Skills Scotland

Literacy & Numeracy

Evening

Euroscola

ARTiculation

Children in Need

Pupil Achievements

Business Accounts

Competition

Library

S2 D&T

Question Time

Dyslexia Awareness

Christmas Fayre

Ecuador & Galapagos

Expedition 2017

Health Day

Sports Round Up

Supported Study

Dates for Diary

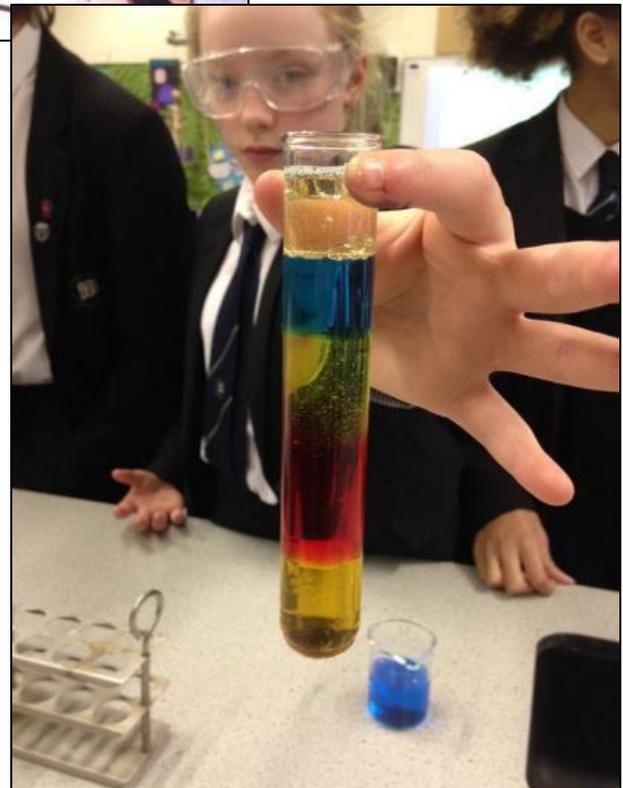
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Our Science club have been busy trying to brighten up wet and miserable lunchtimes with a bit of sparkle and colour. In the last few weeks our budding young scientists have had the opportunity to make their own sparklers and make colourful density columns by investigating the density of household chemicals!

Above, Alex Begbie, 1C2, with sparkler and Alanna Van Der Walt, 1L2, with density column on the right.





Balftron Highlights

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Headlines

November has been a productive month as this edition of Balftron Highlights shows. We are keen to push our senior phase pupils and have recently shared their tracking with them and their parents. Committed to the growth mindset, we are encouraging our young people to use the information they have on their individual progress to identify areas where a focus is required and really put in the effort. To help with that, teachers are giving time to offer supported study sessions at lunchtimes and afterschool. The details are at the back of this edition. Please join us in encouraging our young people to access all the support, people and resources, that are available to them.

I have had the privilege of sitting in on lessons in English, Maths, Modern Languages, RME and Social Subjects (just under forty lessons so far). It has been great to see first-hand the commitment of staff to planning and delivering high quality lessons for all of our pupils and also great to see our young people engaged and working hard to get the very best out of their learning. I hope to have been in every class by the end of February. Committed to learning and teaching, all of our teaching staff have taken part in peer visits. In groups of three, each teacher observed two colleagues and delivered a lesson. The focus was on co-operative learning and staff had time in the recent in-service day to meet and review what they had observed and what works well for our learners.

Through correspondence with teaching staff, you may have noticed that we are moving to Glow as an email provider. The convention of our email addresses will change slightly from ending @stirling.gov.uk to **@glow.sch.uk**. The beginning of our email addresses remain the same. I hope this does not cause too much inconvenience.

We are keen to raise money for the school and have recently registered with easyfundraising.org.uk. The idea behind the site is that if shopping on-line, you go through the website, choose Balftron High and make purchases as normal. The great thing is that the companies involved will give a reward payment, usually a proportion of the amount spent, directly to the school. Included in the companies taking part are Amazon, Tesco, M&S, Argos, John Lewis, Expedia and many more. There is no additional cost to your purchase – just a reward to the school. I hope that you will consider supporting us through the site. Here is the link <https://www.easyfundraising.org.uk/causes/balftronhigh/>

The run up to Christmas is always a fantastic time of the year. I do hope that you will be able to support our concert, dances and the Christmas Fayre in the coming weeks. They are always great events!

As always, thank you for your support of our school.

Best wishes,





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Business Design & Technology Trip to London, India Pemberton-Piggott, 5L3



I had the fantastic opportunity, along with 31 of my peers from S5 & S6, to go on the Business and Design trip to London for 4 days. There were so many incredible parts to the trip including The Shard, a 3D Printing Workshop and of course, meeting Peter Andre on the train!

One of the most memorable parts of the trip was being able to visit The Making of Harry Potter at the Warner Bros Studios. We got to see many of the sets, props and costumes used in all eight of the films. We also had the opportunity to use the green screens to pretend we were riding broomsticks and sitting on the Hogwarts Express – it was very realistic. We had a brilliant

workshop inside the studios about Movie Marketing. This was really interesting and gave us details around the many different business aspects involved in creating the films.

Another highlight was going to the 3D Printing Workshop. We were using the laptops and a CAD program to design rings, as well as shown how to 3D print using a hand-held scanner. It was really interesting hearing how a 3D printer works and all the different industries it is becoming more popular in. We also visited many other brilliant places on the trip including The Shard – the tallest building in Europe with its extraordinary views of the city at nighttime. We made it all the way up to the 72nd floor! The Saatchi Gallery with its bizarre range of modern art, and also to the boys delight, we had a tour of Chelsea Football Stadium on the last day. Not to mention going to the Theatre to see the incredible Lion King performance. Overall, we all found it an unforgettable experience and would recommend the trip to anyone.

A special thanks to Miss Vickers, Mr Dalglish and Miss Kelso for it all.



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More pictures from the BDT trip to London





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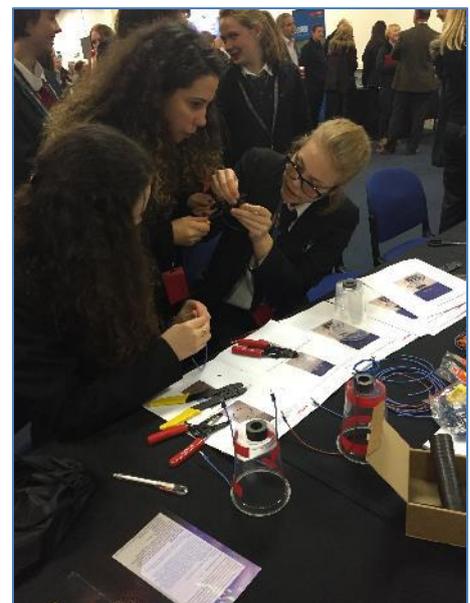
Developing the Young Workforce



Two senior pupils, Finlay Mann and Daniel Gilbride (left), attended a tour of HSBC Technology Centre in Stirling. They enjoyed the opportunity to experience the working environment and hear about the recruitment process and career progression at HSBC.

Girls into Engineering - BAE Systems

Eleven S5/6 pupils attended a girls into engineering STEM (Science, Technology, Engineering, Maths) event at BAE Systems in Govan with Mr Campbell and Mrs Patrick. They heard from a senior engineer, current employees and current apprentices about the various employment opportunities in BAE systems. They also enjoyed a tour of the facilities and many hands on activities during the event.





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S4 attend a Skills Scotland Event



All of our S4 pupils attended a Skills Scotland Glasgow event at the SECC with their Form Class Leader.

Before the trip they had training with Mrs Patrick reflecting how to get the best out of a careers event and were able to reflect on the experience when they returned to school.

During the event they took part, as well as speaking to representatives from businesses, apprenticeship providers, training providers and colleges/universities.





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Literacy and Numeracy Evening



Lead learners Mr Cameron (Numeracy), Miss McKeown and Mrs Anderson (both Literacy) delivered a presentation to the parents of our S1 pupils on the importance of literacy and numeracy, how we deliver them and how parents can support their children. Our S3 Literacy Champions stole the show with their presentation on how they have been supporting younger pupils in the school. Mr Cameron shared some great resources which are highlighted below. For example:

- www.mathsworkout.co.uk (username and password from Maths team)
 - Questions - which change when reloaded to allow unlimited practice, answers are corrected online automatically. Animated examples and working. Games to encourage learning.
- www.math-drills.com **no username/password required**
 - worksheets, with answers, to practice all arithmetic operations at all levels
- our own school website www.balftronhigh.org.uk Numeracy booklet - examples of methods and operations
 - All 3 S1 Topic booklets and answers
 - All 3 S1 Revision check lists to be used to prepare for assessments



Mr Blair's English Class Make a Trailer

Our S1 pupils have been out and about creating, planning and filming genre-specific trailers for the poem 'The Highwayman', selecting key features of the text to be included. Previously, they had learned about storyboarding in order to prepare them for this.



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Euroscola 2016



Congratulations to Catherine Eckersall who has successfully secured a place on the Euroscola excursion in February, thanks to the Strathendrick Rotary Club. Catherine was selected by the Rotary Club as their representative for the Rotary International Euroscola project. She will travel to the European Parliament in Strasbourg, and along with representatives from other European countries, will take part in 5 days of activities culminating in a full scale debate in the Parliament itself.

ARTiculation

Catherine Eckersall (above), Alice Murray and Amy Owens took part in the ARTiculation Prize Scotland 2016 heat in the Art and Design department. This event seeks to engage sixth year pupils with art, to develop their confidence and ability to express their opinions, thoughts and conclusions. It takes the form of a ten minute presentation. The girls produced excellent presentations on subjects as diverse as illustration, fashion and abstract expressionist painting. Well done to the girls, the final takes place on Wednesday 17th February in the University of Stirling.

Children in Need 2015



Well done to the S6 and Charity Committee who raised over £400 for Children In Need this month. There were a few strange looking S6 pupils around on Children In Need day – all dressed in PJs!



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Scuba Diving Adventures, Katryna Bell, 2C2



The Open Water Scuba Diver course with Dry Suit Specialty is a 4/5 day course

I started the course on Monday with another student. The Monday and Tuesday was mostly theory work with the textbook I had read previously.

There were 6 knowledge reviews that I had to get 7 or over out of 10 questions right, and I passed most of them on the first try. Also on the Monday and Tuesday, both days, after we had done some theory work, we did some confined dives which are dives on a smaller scale in a more confined area of water. We had to do different skills underwater and on the water e.g. clearing your mask underwater, removing your kit under and over water, removing and replacing your regulator and so on. There was one skill that I had trouble with, but I passed most of them first go.

The skill I had trouble with was removing my mask underwater and replacing it after a minute. I think I had the most trouble with this one because the water in Orkney is very, very cold! By the end of the Monday and Tuesday I had completed all of the knowledge reviews and had completed 5 confined dives, we then had the Wednesday off and returned on Thursday.

On the Thursday and Friday the other student I was with had left (he was completing his course abroad), and I did the open water dives alone with my instructor. The open water dives are much the same as the confined ones but we went deeper, and it was an open area of water. The visibility was pretty awful most of the time, I had some trouble with buoyancy during the open water dives as my dry suit controlled most of the buoyancy, meaning that, if I wasn't flat in the water, my feet or shoulders would fill with air and float me upwards,



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because it was hard to get used to so I had to use a lot of weight, overall I had about 18 kilos attached to me. I saw many varied creatures whilst underwater. I saw things like crabs, jellyfish, fish and starfish. After I had finished my open water dive, I had to do a final dry suit qualifying dive as well, to do some skills related to using a dry suit.

The open water dives took place by the Churchill Barriers in Orkney, and while I was diving, I saw quite a few blockships which were sunk in the war to stop submarines getting through into Scapa Flow. But in 1939 a submarine did manage to get through the blockships and sunk the Royal Oak, a ship in Scapa Bay, killing a number of men and boys training to become sailors.

By the end of the course I had my junior open water license (as I am quite young to have done the course) and my dry suit diver specialty because I had to use one due to the temperature of the water.

Later in the summer holidays, we went to Rhodes island in Greece and we did some diving there, off of a boat. I only had to wear a short wet suit there and the visibility was around 30 meters. We saw a lot of colourful fish and we also saw naturally growing sponge which was black. We also went to Spain in the October holidays and we went diving there. The water was quite cold, colder than you'd expect for Spain. We had to wear long wet suits and hoods, gloves and boots as well. I saw a massive crab in Spain, and I went the deepest I have ever been there, I went down to 12.8 meters and I hope to go even deeper in the future!

Stop press!

Christie Anne Shannon 2C2, became the Basic Novice A British Champion in figure skating. Christie Anne won the event at Sheffield at the weekend.

Watch her championship winning performance:

<http://youtu.be/oGp-HNqx86s>

Congratulations from all of us at Balfron High School!





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Ross Martin, 5C3



I asked Ross to give us a quick update on his progress. It is becoming really exciting! Here's what he said...

6th October.

Completed first few laps in single seater at Bedford autodrome watched over by mentor and three time world Le Mans winner, Allan McNish. I enjoyed the day but even the wet weather couldn't stop me having the chance to drive such a high speed car. Overall I was happy with pace of lap times, showing I was improving as my confidence grew.

14th October

Performed in two day testing programme with Dutch team Van Amersfoort motorsport at the famous Formula 1 track Zandvoort, near Amsterdam. I was overwhelmed with the team and how they operated to help improve me. I took away a lot of experience from the trip, and they were impressed with my skills even though I had little time in a car.

6th December

I will be attending the auto sport awards night in London, where I will be given my championship trophy, in front of a large crowd. Lewis Hamilton will also be attending to collect his trophy which is exciting.

Good luck Ross from all of us at Balfroon High!



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Lewis Stewart, 5L3

Balfron High's very own Lewis Stewart was smashing it in the velodrome over the weekend. Lewis is now a Revolution Series leader in the Future Stars overall standings. In the results following round 4 at the Sir Chris Hoy velodrome in Glasgow on Saturday, Lewis now tops the table with 172 points!



Future Stars overall standings:

Boys top 3 after round three

Rider	Team	Points
1. Lewis Stewart	Scotland	172 points
2. Alistair Fielding	Orica-Green Edge Team USN	125pts
3. Jim Brown	One Pro Cycling	122pts

Round five takes place at the National Cycling Centre, Manchester: January 2, 2016 - We wish you luck in the next round Lewis!

Nicola Carroll, 3C2

Congratulations to Nicola Carroll who won three International titles in Tae Kwon Do in November. Nicola also picked up a Silver medal, meaning that she gained a medal in every competition she entered.





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Business Accounts Competition, Lauren Poole 6L1



During November, a team of Advanced Higher Business Management students represented Balfion in the Institute of Chartered Accountants' Business and Accounting Challenge at Celtic Park in Glasgow. It was a great experience and allowed us to put into practice the business knowledge that we had learned in the classroom. It was also an opportunity to network with different business mentors from across Scotland and through different sectors of industry. The format of the day was that we were given a wide range of business and accounting information, and from this we had to make a proposal to a panel of judges in regards to expanding the organisation in question.

Throughout the day we developed our analytical and communication skills and these will be useful when we leave school and enter the world of work. The format of the day was very similar to that of an employer's assessment centre and this will help us in the future when we are looking for fulltime employment ourselves.

After a day of hard work, we narrowly missed a place at the national finals in Birmingham. Our mentor Paul from SOS Compass was proud of what we were able to accomplish in such a short period of time and how we conducted ourselves when presenting in front of the panel of judges.



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Literacy in the library



As always the library is a buzz with activities that support and promote literacy. Scrabble is a firm favourite. Even the chess game was literacy linked – **spelling chess** – move cannot be made until you spell a word correctly. Thanks for that Mr Blair!

S2 Design & Technology

S2 design and make Christmas tree decorations and key rings to sell at the Christmas Fayre – look out for their stall on 11th December.





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Higher Modern Studies Class joins Kezia Dugdale at Wallace High School

Alice Ferguson 5C1 and Karma Amir 5L1



Karma and I along with a few of the other pupils in our class attended the Wallace High School Question Time. We found it very different from any other trips that we had been on with the school and thus felt it was very useful and informative. As Higher pupils we found it very interesting as some of the questions raised touched on many of the topics that we had previously learned in class and also wider views on current affairs that are relevant today. After our experience we felt like it was

something that our school would be able to achieve and be able to recreate. We feel as though that Balfron High School would benefit from more social subject related events and this is a good place to start. (Watch this space!)

Dyslexia Awareness Week



Many thanks to all S1 and S6 form classes for producing a fantastic number of blue ribbons to wear promoting Dyslexia Week. Over 800 ribbons were made in total!! Staff and pupils are also encouraged to give a small donation to enable us to acquire Text Help, Read and Write Gold software for use in the school. On Friday staff and pupils wore a blue item of clothing (and hair!) to further raise the profile of Dyslexia Week. We didn't quite make our target, so all donations welcome (to Mrs Smith, Support for Learning).



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Preparing for the Christmas Fayre



The ConneXions course pupils have been busy preparing for the Christmas Fayre (11 December). Hyacinth bulbs were planted and stored in the dark weeks ago and are now ready to sell once decorated. The team from Stirling Low Carbon Futures have provided pre-cut, recycled wooden candle holders and Scott, Robyn, Louise and Linda have been sanding and oiling them in time for the Fayre. The group hope to raise enough funds to buy plants, seeds and compost for the start of the 2016 growing season in our polytunnel. We hope you'll come along to the Fayre and buy one!

Pupil Council

Surrounded by post-its highlighting suggestions for improvements, our Head Boy, Ciaran Hamilton, and Head Girl, Erin Sanderson were ably assisted in making sense of the feedback.

Class reps discussed the learning environment, cyber bullying, getting involved with the community councils and many year group issues.

Lots to think about and improve. Thanks to everyone for their input!





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Ecuador & Galapagos Expedition 2017, Mr Blair



Ever ones to challenge themselves, 40 of our young people have signed up for an expedition with Camps International to Ecuador in the summer of 2017 for a series of voluntary activities. Their work will lead them to live alongside indigenous communities across the country, from coastal areas, to the Amazon, and further beyond to the Andes, undertaking vital conservation work and improving living standards for locals.

In school on Thursday November 26th, we had our first group fundraiser: a soup lunch for the hungry staff during the in-service day. Our expectations were truly surpassed – a total of 11 (delicious!) homemade soups, mountainous piles of bread – some homemade – and even a selection of desserts made for quite the feast; staff have since complimented the tremendous efforts of the pupils, both in terms of their cooking and professionalism whilst serving.

If their hard work and commitment evident from this event is anything to go by, the community project work in Ecuador is going to be marvellous.



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S6 Health Day

Our S6 pupils took part in a Health Day as part of the senior phase PSE programme. Pupils had the opportunity to choose activities that promoted physical and emotional health and wellbeing and positive relationships.

Workshops offered focused on breathing space, nutrition, cooking, domestic violence, street sense, yoga, cycle cross, heart start, alcohol and sexual consent, could we talk about suicide and insanity.

Pupils opted into workshops in advance and were issued with personal timetables for the day. Feedback was great with pupils enjoying the new activities such as cycle cross, yoga and the insanity workshop.



S5 PSE – Breast Cancer Awareness

S5 girls took part in an excellent workshop delivered by 'Coppafeel'. Staff and pupils felt that the workshop was great fun with a really important message.



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Prefects



Our prefects do a fantastic job day to day around the school. They have been particularly helpful in helping to organise and manage the recent parents' meetings. It's not easy reminding teachers that it's time to move on to the next appointment!

A huge thank you from all of us for your excellent efforts!

Changing Rooms

It has been great to have two of our changing rooms recently upgraded by Bellrock but I am sure you will agree the girls have done an amazing job in adding the signage!

Well done Emily Macrae, Sara Quinteros and Lorna Farquhar – we love it!





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Inter-house Update



There have been a number of Inter-house firsts taking place throughout this term. The first inter-house Bake off ended in a double Campsie victory. The first inter-house Pictionary was a huge success and Lomond won it by a single point. Lomond House also went on to win the Song contest which is now a major event.

Inter-House Bake Off





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This was a hotly contested event and certainly not a piece of cake! As the pictures show, all of the young people did a fantastic job representing their house.

Campsie House won the junior and senior comp with Lomond second and Endrick third.

Well done everyone and thanks to Miss Kelso for guidance and supervision.



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Inter-House Pictionary



All of these activities have led to the following overall scores:

Campsie - 785

Endrick - 765

Lomond - 740



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Central Athletics



It was great to see three of our young people presented with special awards at the Central Athletics Awards Ceremony.

Congratulations to Anna Cameron who received a trophy for relay, to Briagha Cook who was awarded the trophy for best overall performance in the club championships and to Matt Chandler who received a cup for his contribution to Central Athletics. We look forward to following your progress and wish you all luck!

Scottish Road Race

Thirty-one of our young athletes travelled to the Helix Park, Falkirk to take part in the Scottish Road Race. Running in very windy conditions, our young people performed exceptionally well.

In the S1/2 age group, our top boys (Murphy Hand, Callum Byrne, and Jamie Horrocks) won the trophy, to become Scottish Champions! They beat 29 other schools, and Murphy came an excellent 7th, in his first ever road race.

Our top 3 S1/2 girls (Isla Britton, Rosie Eckersley and Amy Kirkpatrick) were thrilled to win the bronze team medals, with a total of 29 schools competing.

In the S3/4 age group, our girls came 6th, with Sally Duncan top performer in 14th place. The boys team came 14th.

In the S5/6 age group, our highly motivated trio of Euan Brownlie, Jamie Wastling and Rory Strachan, ran their hearts out to win the bronze medal. Euan was our highest placed athlete on the day, putting in a fantastic performance to come home in 6th place.

Congratulations to all who took part, and thanks for, once again, showing that our school is a major player in school athletics.



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Scottish Indoor Rowing Championships 2015, Anna McCallum



On Friday 20 November, the Scottish Schools Indoor Rowing Championships took place at Bellahouston. Balfron High sent along a team of 31 new and experienced rowers and got some incredible results. Evie Hyland of S1 started the day on a high note rowing 493m in two minutes to take 1st place in the girls individual competition.

The S2 girls provided another exciting race with 4 out of the 5 Balfron girls finishing in the top ten. Lily Young took 3rd place with an amazing 792m in three minutes. Laura MacKenzie of 3L2 blew away the rest of the girls, rowing 1031m in 4 minutes, with a split over 4 seconds faster than competitors. The girls continued to shine with Evie Gage coming 12th in a competitive race despite injury.

The first of the boys in an individual event was Jamie Wastling. He showed his talent by going under 8 minutes and finishing 16th in the S5 boys 2K. Jamie did Balfron proud



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cheering on a struggling competitor. In the first of the relays, Euan, Evie, Katie and Rosie showed their promise for future, finishing 4th in the S1 mixed team relay.

The S2 girls' team of Lily, Martha, Innes and Alex beat 8 other teams to place an amazing first! The S3 girls Halle, Anna and Emily built on Laura's success placing third despite having two inexperienced rowers. The S4 rowers of Evie, Jemma, Freya and Amber came fourth despite falling off the machine during change over! The S5 boys, Cammy, Euan, Jamie and Matthew held their own against experienced rowers but were narrowly defeated. Anna, Leah, Robyn and Iz, all of S6, came in 4th place in the Open Girls 3K relay. Overall it was a very successful day for Balfron and showed promise for the school's future in the sport.





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Table Tennis Tournament



Balfron took a squad to our first table tennis tournament hosted at McLaren High School. Our team were inspired by Rachel Crawford's amazing performances and all were delighted to take part.

We hope to take part in many more table tennis events!

Netball



The S2 Netball team have finished top of their group with two fantastic wins in the Scottish Schools Cup. They will go into the Gold knock out round after Christmas and hopefully be able to build on last year's narrow defeat at this stage.

The Open Netball team had their first game in the Scottish Schools Cup against Hermitage Academy on Monday night. They were unfortunately defeated but all girls put in a great effort and were a credit to the school. Their next match is on the 9th of December at home to Lomond School. Good luck!



Balfion Highlights

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Balfion High Rugby



Boys Rugby Update, Mr Macquarrie

It's been a busy term of rugby for all the boys teams. Unfortunately the U18 were beaten in the Scottish Schools Plate by a strong Nairn side. The U16 team had a tough tie against reigning champions Hawick and put in a very good performance before eventually being beaten.

There have been S1 and U15 festivals and the two Balfion teams were unbeaten in both.

Mr Macquarrie would like to thank Strathendrick RFC and specifically Jeremy Pemberton-Pigott, Bruce Duncan and Crawford Armstrong for their support at the festivals.

Girls Rugby Update, Mr Dalziel

The girls have been working hard over the past few months despite the weather not always being the best. Numbers are between 30 and 40 every week with girls from every year group across the school being represented which allows the young people the chance to train in a competitive environment. Although the weather has gotten the better of every tournament so far this year the girls still have an eagerness to give their all at every training session.

There are high hopes for both teams in the new year and hopefully with some luck the weather will improve and allow the girls to be able to compete in matches against other schools.



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Hockey Update, Mr Campbell



Senior Girls

On Thursday 19th November the Senior Girls' team made the long journey to Aberdeen to face St Margaret's School for Girls in the Aspire Scottish Cup First round at the impressive Aberdeen Sports Village.

The Balfroon girls were playing their first game of the year and soon realised how much of a challenge they faced against St Margaret's, who play regular Saturday fixtures and have recorded some eye-catching results against top level opponents. The girls gave their all, with Lesly Casteel producing many heroic saves in goal. However, St Margaret's were simply too strong and the result was a comprehensive win for the Aberdeen school.

Despite the score line, the Balfroon team enjoyed the experience and learned a lot from it, leaving them eager to improve over the coming months in games against more localised opposition.

Senior Mixed Hockey

Wednesday 25th November saw Balfroon Senior Mixed Hockey team go to Stirling High School for the monthly Mixed Hockey Tournament in Stirling Council. On this occasion the Balfroon team were competing against teams from McLaren, Dunblane and Stirling.

Three 20 minute matches were played, 9 a side across half of the pitch. The Balfroon team competed superbly, winning their first game 3-1, before drawing the second 1-1 and losing the third 1-0. All 9 players played their part in three great performances, particularly considering the ability level of the Stirling Boys' team in particular. Special credit goes to



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Esther Ross who was fantastic in defence, while Callum Adolphus dominated midfield in all three games.

The squad for the tournament was Alex Cullen, Anthony Eckersley, Callum Adolphus, Marco Heron, Alastair Mitchell, Rebecca Duncan, Isobel Gray, Kirsty Kay and Esther Ross.

Badminton Success - Stirling Badminton Championships 2015



It was an all Balfron final in the girls' doubles with Annabel and Laura (above left) taking the title and Fiona and Tess runners up. Laura MacKenzie (above right) on her way to winning the girls U16 singles title. Laura won 21-16.

Pupils took part in the annual Stirling Badminton Championships on the 4th and 11th of November with many pupils qualifying for the Central Schools Badminton Championships on the 9th of December by placing in the top four in their event. Balfron took a large contingent to the competition to participate whilst also providing senior sports leaders to assist with the organisation and scoring of games throughout the day. Unfortunately, we were unable to secure the team trophy this year, losing out to a strong Dunblane team. The team as a whole finished in second place. We did, however, win the U19 event.

Using a point score allocation of: Winner = 10 points, Runner-Up = 6 points, Semi-finalist = 4 points

The results of the overall school competition for the **U19 Competition** was:

Position	School	Points
1st	Balfron	58
2nd	McLaren	24
3/4th Equal	Wallace & Dunblane	14
5th	Bannockburn	10



Balforn Highlights

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There were some fantastic results at U16 and U19 level over the course of the two days as follows:

U16 Girls Singles

Points	Position	School	Players
10	1st	Balforn	Laura McKenzie
6	2nd	Dunblane	Millie Sheridan
4	3rd/4th	Balforn	Fiona Millar
4	3rd/4th	Dunblane	Hannah Richards

U16 Girls Doubles

Points	Position	School	Players
10	1st	Balforn	Annabel Crook & Laura McKenzie
6	2nd	Balforn	Tess Stewart & Fiona Millar
4	3rd/4th	Bannockburn	Anya Woloszyn & Katrina Kirsop
4	3rd/4th	Balforn	Lauren Harvey & Iona Campbell

U16 Mixed Doubles

Points	Position	School	Players
10	1st	Dunblane	Sammy McKinney & Hannah Richards
6	2nd	Dunblane	David Nairn & Millie Sheridan
4	3rd/4th	St. Modan's	Martin Sanda & Emma Cowan
4	3rd/4th	Balforn	Luke Power & Laura McKenzie

U19 Boys Singles

Points	Position	School	Players
10	1st	Balforn	Fergus Craig
6	2nd	Wallace	Cameron Hawthorn
4	3rd/4th	Balforn	Liam Green
4	3rd/4th	Dunblane	Sean Hugget

U19 Girls Singles

Points	Position	School	Players
10	1st	Balforn	Isobel Gray
6	2nd	McLaren	Olivia Ridgewell
4	3rd/4th	Bannockburn	Kerrie Allan
4	3rd/4th	Balforn	Leah Taylor



Balfion Highlights

www.balfionhigh.org.uk

U19 Boys Doubles

Points	Position	School	Players
10	1st	Balfion	Liam Green & Fergus Craig
6	2nd	Balfion	Ruiridh Shaw & Declan Macearchern
4	3rd/4th	Wallace	Easton Arthur & Anthony Jackson
4	3rd/4th	Wallace	Jack Bradburn & Cameron Hawthorn

U19 Girls Doubles

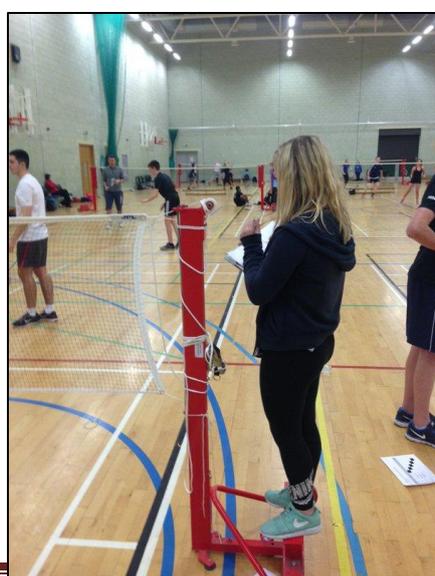
Points	Position	School	Players
10	1st	McLaren	Tegan Dowling & Olivia Ridgewell
6	2nd	Bannockburn	Kerrie Allan & Caitlyn Wishart
4	3rd/4th	McLaren	Emma Aitkin & Claire Craig
4	3rd/4th	Balfion	Emma Pretorious & Rachel Cairns

U19 Mixed Doubles

Points	Position	School	Players
10	1st	Dunblane	Jamie Paterson & Emma Fitzsimmons
6	2nd	Balfion	Fergus Craig & Isobel Gray
4	3rd/4th	McLaren	Gregor Henderson & Claire Craig
4	3rd/4th	Balfion	Emma Pretorious & Daniel Cullen

The badminton club in the school continues to be extremely well attended and pupils are now looking ahead to the School Quaich Team Competition in January at U14 and U19 levels.

Well done to our Sports Leaders who helped officiate at the tournament (below).





Balfron Highlights

www.balfronhigh.org.uk

Supported Study

Subject	Day	When	What level
English	Vary according to student needs- they need to arrange a day with teacher		
Maths	Tuesday	3:30- 4:30pm	Advanced Higher
	Tuesday	Lunchtime	National 5
	Thursday	3:30-4:30pm	National 5
	Wednesday	3:30-4:30pm	Higher
	Wednesday	Lunchtime	Homework/Revision
Creative Arts Music, Music Technology & Art & Design	Any day	Lunchtime or after school	All levels and subjects
Health PE	Tuesday	After school	National 5- PE
	Thursday	After school	Higher- PE
Health & Food Technology	Monday	Lunchtime A10	N5 and Higher
Biology	Any day	Lunchtime	Higher
	Thursday	Lunchtime	National 5
	Any day	Lunchtime	Any Biology support
Chemistry	Monday	3:30pm onwards	Higher and A Higher
	Wednesday	3:30pm onwards	National 5
	Any day	Lunch/After school	Higher
Physics	Wednesday	After school	National 5
	Thursday	After school	Higher



Balfron Highlights

www.balfronhigh.org.uk

Modern Languages and RME	Any day	Lunchtime	All
Social Subjects			
History	Monday	After school	Higher
Geography	Tuesday	After school	All Levels
Modern Studies	Thursday	After school	After school
Design and Technology			
Accounting (H)	Thursday	After school	Higher
Business Management (H)	Thursday	After school	Higher
Graphic Communication (H)	Thursday	After school	Higher
Design & Manufacture (H)	Monday	After school	Higher
Design & Manufacture (N5)	Wednesday	After school	N5
Practical Woodworking (N5)	Thursday	After school	N5
Business Management (N5)	Thursday	After school	N5
Graphic Communication (N5)	Friday	lunchtime	N5

Christmas Fayre

Join us at Balfron High School for our Christmas Fayre on Friday 11th December
10.00am - 1.00pm

Local businesses welcome to set up stalls to sell to pupils and the local community.
A minimum of £5 donation per table.

If interested contact us at
sheerina01s@stirling.gov.uk



EASY PEASY

and it's
free

Help us by collecting **FREE donations**
every time you shop online



1. Join



2. Shop



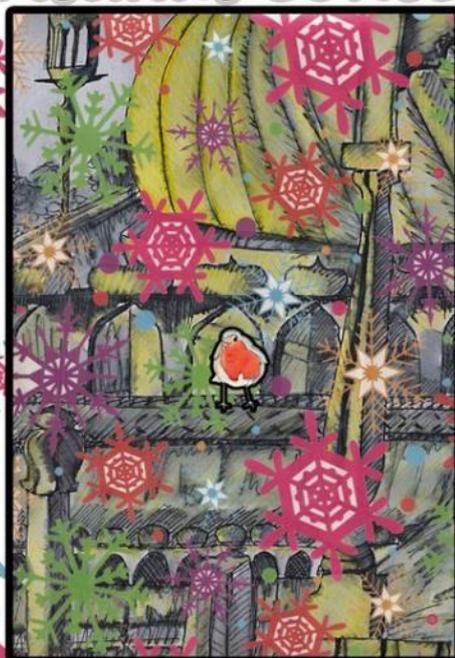
3. Raise

Find out more and join here:

<https://www.easyfundraising.org.uk/causes/balfronhigh/>



Balfon High School Christmas Concert



Balfon High School Theatre

Thursday 17th of December

7.00pm

*Tickets £4.00 or £2.00 (concession)
available from the school reception*

Dates for your Diary

9 December	S3/4 Christmas Dance
10 December	S5/6 Christmas Dance
11 December	Christmas Fayre
14 December	S1/2 Christmas Dance
17 December	Christmas Concert
22 December	School Closes
7 January	School Re-opens

If you are interested in having a flavour of the day in the life of the school, why not follow us on twitter - **@balfonhigh**