

## **Physical Education: SQA Sports Development (NPA)**

### **Why Sports Development?**

Sports Development is open to S6 pupils and is an opportunity to develop knowledge of sports development opportunities and promotion within the Balfron area. Pupils will take part in a practical based unit and a theoretical unit which will require completion of a research project and local club based placement.

This course will allow pupils to experience the wider role of sports development, Active Stirling and Sportscotland in creating pathways for participation and elite sport.

### **Entry to the course:**

**There are no specific entry requirements, however, pupils must have a keen interest in learning about the wider role of sport in the local community.**

A typical week would look like:

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Classroom based learning	Practical based session	Practical based session	Club visits and placement	Classroom based learning

### **Course Outline**

The course consists of two units.

#### **Sports: Activity and Participation Opportunities in the Community**

##### **Outcomes:**

1. Identify and explain opportunities for participation within a sport or fitness facility
2. Participate in an evaluate recreational physical activity
3. Describe the benefits of different types of participation to the individual and community

#### **Sports: Investigate Activity Development Opportunities in an Organisation**

##### **Outcomes:**

1. Explain the concept of sports development
2. Describe opportunities and facilities available to local community
3. Identify potential development projects to meet the needs of pupils and community members
4. Describe financial, physical and human resources required for activity development
5. Identify systems to support and sustain an activity development plan

## **Assessment**

### **Sports: Activity and Participation Opportunities in the Community**

#### **Assessment areas:**

- Portfolio of evidence from participation roles
- School and community sport log

### **Sports: Investigate Activity Development Opportunities in an Organisation**

#### **Assessment areas:**

- Placement learning log
- Sports development essay
- Sports development project

## **Progression**

#### **This course or units may provide progression to:**

- SQA Leadership: Sports Leadership
- Higher National Certificates
- Higher Education Degrees
- Further study, employment and/or training