



RED TRAY

Includes soup, fruit and salad bar



GREEN TRAY

Includes soup, fruit and salad bar

Week 1

August 2024 -
March 2025



Meat-free Mondays

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil VE	Chicken Noodle or Lentil VE	Lentil VE	Lentil VE	Lentil VE
RED TRAY Includes soup, fruit and salad bar	Tomato Pasta V Garlic Bread Sweetcorn	Meatballs & Gravy or Quorn Sausage & Gravy VE Potatoes Seasonal Vegetable Medley	Spaghetti Bolognese or Spaghetti with Tomato Sauce VE Italian Herby Bread Seasonal Salad	Chicken & Vegetable Burrito or Quorn & Vegetable Burrito V Rice with Peas & Sweetcorn	Crispy Coated Salmon Fillet or Dippers VE Chips Baked Beans
GREEN TRAY Includes soup, fruit and salad bar	Cheese Sandwich v	Tuna Mayonnaise & Sweetcorn Sandwich	Cheese Panini v	Ham Roll	Chicken sandwich
PUDDING	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
SALAD BAR	A selection of salad items				

Where possible we use seasonal fruit and vegetables and Scottish or locally produced ingredients with fresh bread, fruit and organic milk served daily.

V = vegetarian | VE = vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil VE	Tomato VE	Leek & Potato VE	Lentil VE	Vegetable Noodle V
RED TRAY Includes soup, fruit and salad bar	Cheese & Tomato Pizza V Chips Rainbow Salad	BBQ Chicken Noodles or BBQ Quorn Noodles VE	Steak Pie or Sliced Quorn Fillet & Gravy VE Mashed potatoes Seasonal Vegetable Medley	Macaroni Cheese V Carrots, Peas & Sweetcorn	Fish Fingers Baby Roasters Peas
GREEN TRAY Includes soup, fruit and salad bar	Egg Mayonnaise Sandwich V	Tuna Mayonnaise Wrap	Cheese Roll V	Chicken Baguette	Hotdog & Ketchup or Veggiedog & Ketchup VE
PUDDING	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
SALAD BAR	A selection of salad items				

Week 2

August 2024 -
March 2025



Meat-free Mondays

Where possible we use seasonal fruit and vegetables and Scottish or locally produced ingredients with fresh bread, fruit and organic milk served daily.

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil VE	Leek & Potato VE	Lentil VE	Chicken Noodle or Lentil VE	Lentil VE
RED TRAY Includes soup, fruit and salad bar	Cheese & Tomato Pizza / Pasta combo v Garlic Bread Seasonal Salad	Homemade Pork Sausage Roll or Vegetarian Sausage Roll v Oven Baked Diced Potatoes Baked Beans	Mild Chicken Korma or Quorn Korma v Rice Peas	Jacket Potato & Fillings VE Cheese v Baked Beans VE Chicken Mayonnaise Seasonal Salad	Breaded Fish or Dippers VE Chips Peas
GREEN TRAY Includes soup, fruit and salad bar	Cheese Roll v	Tuna & Cucumber Mayonnaise Wrap	Cheese Panini v	Breaded Chicken Burger in a Bun	Ham Sandwich
PUDDING	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
SALAD BAR	A selection of salad items				

Week 3

August 2024 -
March 2025

Meat-free Mondays

Where possible we use seasonal fruit and vegetables and Scottish or locally produced ingredients with fresh bread, fruit and organic milk served daily.

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