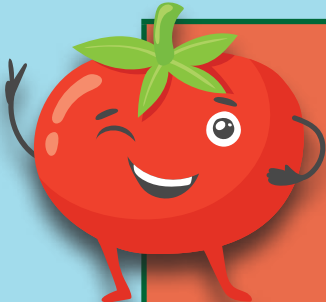



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Lentil Soup VE	Tomato Soup VE	Vegetable Noodle Soup V	Lentil Soup VE	Leek and Potato Soup VE
 RED TRAY Includes soup or pudding and salad bar	Macaroni Cheese V Seasonal Vegetables	Beefburger Roll Chips Seasonal salad	Jacket Potato with a choice of fillings Cheese V / Tuna Baked Beans VE Coleslaw V	Chicken Fajitas Rice	Breaded Fish Fillet Chips Peas
 GREEN TRAY Includes soup and pudding and salad bar	Egg Roll V	Cheese Wrap V	Chicken Baguette	Cheese Roll V	Hotdog / Quorn dog VE with Tomato Ketchup
PUDDING	Seasonal Fruit	Jelly and Seasonal Fruit	Yogurt and Seasonal Fruit	Melting Moment Biscuit and Seasonal Fruit	Seasonal Fruit
SALAD BAR	Selection of Salad items	Selection of Salad items	Selection of Salad items	Selection of Salad items	Selection of Salad items

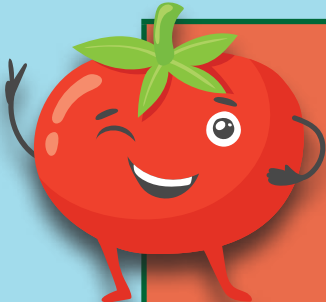

Week 1

August 2023 -
March 2024

Meat-free Mondays

Where possible we use seasonal fruit and vegetables and Scottish or locally produced ingredients with fresh bread, fruit and organic milk served daily.

V = vegetarian | **VE** = vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Lentil Soup VE	Vegetable Soup VE	Leek and Potato Soup VE	Lentil Soup VE	Tomato Soup VE
 RED TRAY Includes soup or pudding and salad bar	Tomato Pasta V Garlic Bread Seasonal Salad	Breaded Chicken Bites Quorn Dippers VE available on request Chips Baked Beans	Cheese and Tomato Pizza V Oven Baked Potato Wedges Seasonal Salad	Chicken Korma Rice Seasonal Vegetables	Fish Fingers Quorn Sausage VE available on request Mashed Potato Baked Beans or Peas
 GREEN TRAY Includes soup and pudding and salad bar	Egg Roll V	Tuna Wrap	Ham Sandwich	Cheese Panini V	Chicken Roll
PUDDING	Yogurt and Seasonal Fruit	Seasonal Fruit	Fruit and Custard Seasonal Fruit	Ice Cream and Seasonal Fruit	Seasonal Fruit
SALAD BAR	Selection of Salad items	Selection of Salad items	Selection of Salad items	Selection of Salad items	Selection of Salad items

Week 2

August 2023 -
March 2024

Meat-free Mondays

Where possible we use seasonal fruit and vegetables and Scottish or locally produced ingredients with fresh bread, fruit and organic milk served daily.

V = vegetarian | **VE** = vegan

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER	Lentil Soup VE	Vegetable Soup VE	Lentil Soup VE	Tomato Soup VE	Carrot and Sweet Potato Soup VE
RED TRAY Includes soup or pudding and salad bar	Cheese and Tomato pizza V Chips Seasonal Salad	Macaroni Cheese V Peas and Sweetcorn	Minced Beef and Gravy Mashed Potatoes Seasonal Vegetables	Jacket Potato with a choice of fillings Cheese V / Tuna Baked Beans VE Coleslaw V	Crispy Coated salmon Fillet Quorn Burger V available on request Chips Peas
GREEN TRAY Includes soup and pudding and salad bar	Egg Finger Roll V	Tuna Sandwich	Cheese Wrap V	Sweet Chilli Chicken Baguette	Ham Sandwich
PUDDING	Seasonal Fruit	Blueberry Muffin and Seasonal Fruit	Seasonal Fruit	Iced Biscuit and Seasonal Fruit	Yogurt and Seasonal Fruit
SALAD BAR	Selection of Salad items	Selection of Salad items	Selection of Salad items	Selection of Salad items	Selection of Salad items

Meat-free Mondays

Where possible we use seasonal fruit and vegetables and Scottish or locally produced ingredients with fresh bread, fruit and organic milk served daily.

V = vegetarian | **VE** = vegan

Week 3

August 2023 -
March 2024