Updates & News

Fallin Primary School

Newsletter November 2015

Values RESPECT RESPONSIBILITY FAIRNESS HONESTY CONSIDERATION HAPPINESS

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YOUR SUPPORT IS NEEDED

Chewing Gum

Although it is thought of as simply a confectionary product chewing gum can be very destructive if not disposed of properly. It sticks to clothing, shoes, tables, carpets and even hair. According to research it can be bad for children's teeth, causing cavities. The sugar free options contain sorbitol which can cause tummy upset.

We do not allow gum in school and appreciate your support in this.

Sugary, Fizzy and Energy Drinks

The Schools (Health Promotion and Nutrition) (Scotland) Act 2007

We have a responsibility to work with parents/ carers to educate children regarding health eating and drink in order to lead a happy, healthy life.

Within our Health and Well Being curriculum we cover 'food and health'. This aims to ensure that learners develop the skills to make healthy food choices and help establish lifelong healthy eating habits.

Sugary, fizzy drinks are bad for teeth, containing sugars which provide empty calories. There are many health conditions associated with consumption of fizzy drinks. Bear this in mind when giving one to your child.

Many energy drinks state in the small print that they are not suitable for children. This is stated for a reason.

Please do not allow your child to bring energy or fizzy drinks to school. We will keep any such drinks and return to the child at the end of the day, providing water as an alternative.

We do not allow fizzy or energy drinks in school

PLEASE SUPPORT US

Service

The Christmas Service will be held on Tuesday 22nd in school. It makes Christmas so special hearing children singing and telling their stories of Christmas. Each class will be sharing something with the school. Please join us if you can at 10am.

House System

From August to October **Ochil** house accumulated the most house points making them the worthy recipients of the end of term house prize.

Every member of **Ochil** took part in the Hallowe'en activity sessions. Fun was had by all.

Who will win in December we wonder?

If you see a child wearing this badge, they are a High Point Earner in the class and you should remember to say 'well done' to them.

Communicable Diseases

As we approach the winter months we like to remind you of the times when children should not attend school and medical advice should be sought

Diarrhoea- Two or more loose stools within 24 hours- diarrhoeal illnesses spread easily amongst young children. If parents keep children with diarrhoea at home until they have had at least one normal stool, all children will get diarrhoea less often.

Vomiting– keep children off for at least 24 hours after last being sick to avoid spreading amongst others.

Persistent and strange sounding cough or sore throat—(or trouble swallowing)

Yellowish skin or eyes- Jaundice

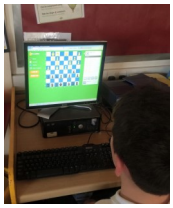
Headache and stiff neck- Particularly if your child is irritable and generally unwell

"Pinkeye"- Eyes may be sore and sticky

Unusual spots or rashes

Infected skin patches

Severe itching- Body or scalp (except for eczema or psoriasis).



Thrilling Thursdays in Fallin Primary. Vertical groupings from P2-7 where children choose a 6 week block of skills based activities- skills for learning, skills for life and skills for work.

Four of the twelve activities available were…

Toy making- 'Thinking skills' *I can experiment with different ways of doing things and can say what went well/ did not go well,* 'Working with Others' *I can carry out a job in a group, do the job well and tell other people what I have done*

Science (dissolving solids in solutions)- 'Leadership' *I can share and explain my ideas with other people,* 'Enterprise and Employability' *I can work with others to find out what needs to be done and make a plan to do it.*

Chess- 'Thinking Skills' *I have ideas to solve problems and I can try them out,* 'Planning my learning for life' *I can talk about what I have learned and share it with others.*

Healthy Eating (preparing vegetables to construct wraps)- 'Leadership' *I can solve problems on my own and keep going until the task is finished.* 'Enterprise and Employability' *I can think carefully about risks and work with others to solve problems.*

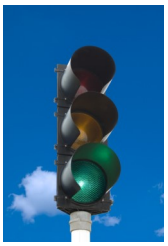
Parental Involvement

We try to involve as many parents as we can in school activities. There are many ways in which you can become involved in your child's learning. Homework; Attendance at meetings; Volunteering; Parent Council.

If you are interested in any of the above and feel that you need further information please do not hesitate to call the school office to make an appointment. Just say what it is you are interested in and Mrs Strachan will make a suitable appointment.

Road Safety

Please remind your children about crossing roads safely, practice the Green Cross Code with them and encourage proper use of the crossings on Stirling Road.



Christmas Activities

Children's lunch– Tuesday 15th Dec

P1 Nativity– Tuesday 15th Dec 11am and 6.30pm (more info to follow)

P7N, P7/6P & P6L party– Wednesday 16th Dec at 6pm

P5M & P5/4O party– Thursday 17th Dec at 1.15pm

P4/3D & P3E party– Friday 18th Dec at 1.15pm

P1B1, P1B2, and P1 only from P2/1A- Monday 21st Dec at 10am

All P2s from P2/1A and P2C party– Monday 21st Dec at 1.15pm

Christmas Service in school– Tuesday 22nd Dec at 10am

Holidays

School will close for the holidays on Tuesday 22nd December 2015 at 1pm and will re-open at 9am on Thursday 7th January 2016.

School will be closed on Monday 8th and Tuesday 9th February 2016 for staff development days, and for the rest of that week. We will open again on Monday 15th February 2016.

Easter this year falls on Friday 25th until Monday 28th March 2016. School will be closed on Good Friday and Easter Monday.

The spring holiday will be from Monday 4th until Friday 15th April 2016.