



# Woodpark Nursery

## Suncream Procedure note.

At Woodpark Nursery we encourage and facilitate free-flow outdoor play daily. As the climate in Scotland can be changeable, we need to be prepared for every eventuality.

When the sun is shining, we want to make the most of the warm weather, however, we are aware that too much sun is not good for the children and adults and we want to ensure that we protect them from skin damage caused by ultra-violet rays, we therefore have devised a procedure note to protect children in our care and adults who work with them.

### Parent/Carer responsibilities

- Parents and carers are responsible for providing skin protection for their children during the day. A bottle of sunscreen (SPF 30 and above with a four to five-star rating) must be supplied by parents'/carers in their child's nursery bag. The bottle should be clearly labeled with their child's name. We request this at first point of contact and information is held within the nursery handbook.
- Parents must provide a bucket style hat, which covers the child's ears and nape of their neck. Again, this is requested in the nursery handbook.
- On a sunny day (UV levels above 3), parents and carers are responsible for ensuring their child has sunscreen applied before they arrive at nursery.

### Nursery Responsibilities.

- Practitioners check and display the UV levels for the day, and display this for parents and carers at the Sunscreen Station in the cloakroom.
- Nursery provides additional bottles of sunscreen which meet the above sunscreen criteria for parents to apply at the beginning of the day, should they forget to bring their own.
- Should the weather change from overcast to sunny during the nursery session, practitioners will apply the child's own sunscreen to them.
- In the case that the child does not have sunscreen, practitioners will contact the parent or carer and ask them to come to nursery and apply a layer of the nursery sunscreen. If they are unable to, the child must be protected and encouraged to play under shade or inside to reduce the possibility of their skin being damaged by the rays.
- On days when UV levels are particularly high, all children should be encouraged and supported to spend limited amounts of time in direct sunlight. There are areas of shade in the nursery garden where children should be encouraged to play, namely in the literacy shed and under the gazebo.
- Protection from sunscreen lasts for 2 hours, staff will apply a fresh layer at the end of the morning.
- Children will be encouraged to wear their sun hat if they have one.



General hygiene and safety when applying sunscreen.

- Staff should never apply sunscreen to a child that is not supplied by the parent/carer.
- If the child is using nursery sunscreen staff must ensure it has been applied by the parent at the beginning of the session.
- When applying sunscreen, staff must wash their hands thoroughly for 20 seconds and dry them with a paper towel.
- After applying sunscreen, staff must wash their hands again before beginning to apply sunscreen to a different child.
- **Hands must be washed, in line with infection prevention and control guidelines after every application of sunscreen.**

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