



# Hand Hygiene Position Statement

At Woodpark Nursery Class we follow guidance from Health Protection Scotland, NHS Scotland and The Care Inspectorate regarding hand hygiene practiced in the playrooms. Research suggests, washing hands at the right time, using appropriated products and specific methods, reduces the spread of infection such as, the cold, flu, thread worm and stomach bugs which are common in nursery age children.

## **In Woodpark Nursery we encourage children and adults to:**

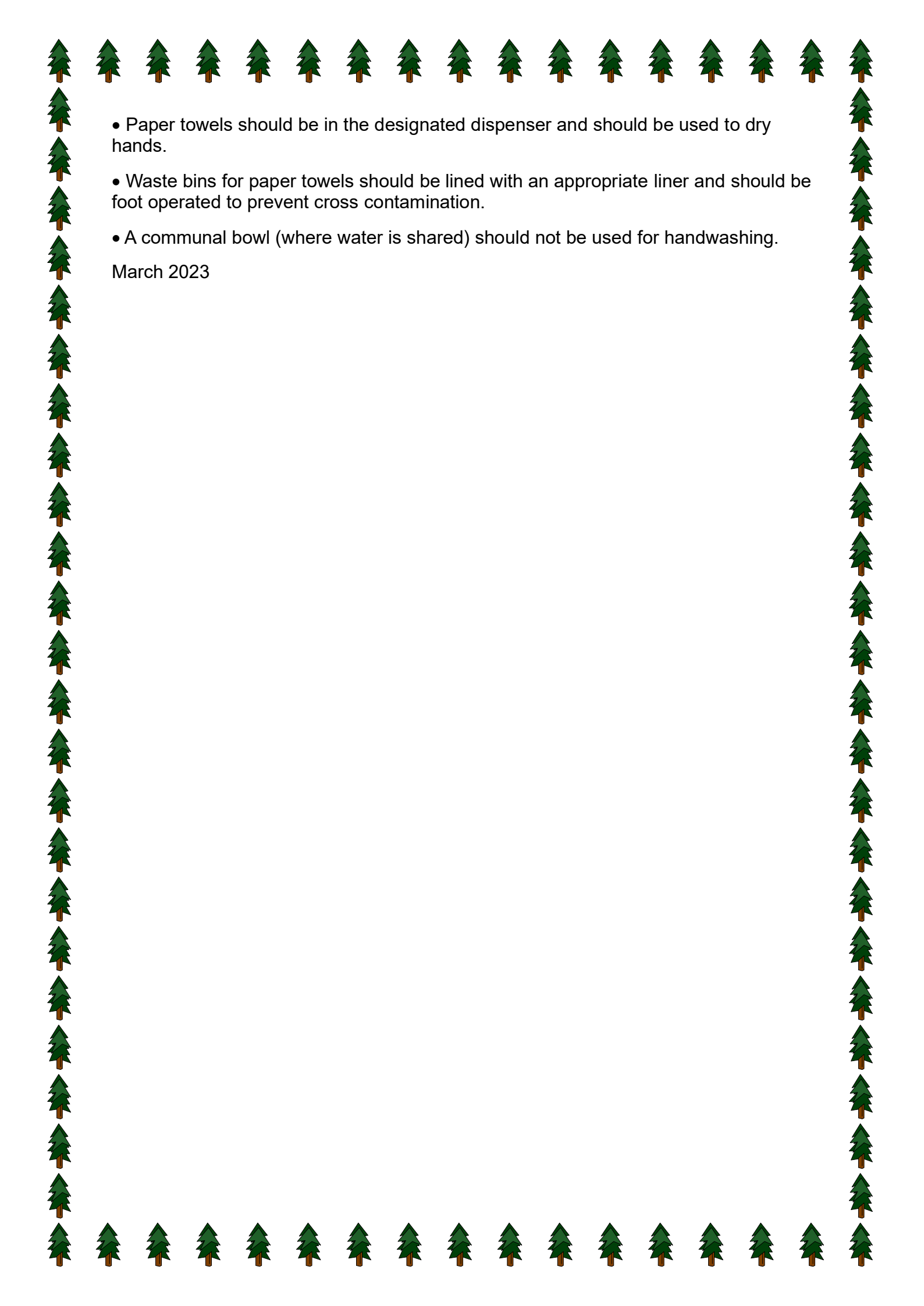
- Use warm water to wash their hands.
- Use liquid soap.
- Dry their hands thoroughly using paper towels.

## **Children and adults should wash their hands:**

- For a minimum of 20 seconds.
- Following the hand washing guidance from Health Protection Scotland.
- Frequently throughout the day.
- When coming into the nursery from outdoors.
- When entering or leaving a room.
- Following coughs or sneezes, with or without tissues being used.
- Before and after eating or handling food or drink.
- After using the toilet, potty or changing a nappy.
- Before and after donning or doffing personal protective equipment (PPE)
- After touching animals/ pets of animal/pet waste, equipment, or bedding
  - After contact with a contaminated surface (e.g., food surfaces, rubbish bins, cleaning cloths).
- When returning from outdoor play or breaks (For correct hand washing method please see Appendix 7 attached)

## **Regulatory Information.**

- Hand wash sinks are for washing hands only.
- Hand wash sinks should be available within the playroom.
- Hot and cold running water must be available.
- Hand wash sinks must be the right size for children.
- Lever, elbow, automatic, paddle or push-top taps should be used.
- Antibacterial liquid or foam soap should not be used unless instructed by NHS Health Protection Team during an outbreak of infection.

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- Paper towels should be in the designated dispenser and should be used to dry hands.
  - Waste bins for paper towels should be lined with an appropriate liner and should be foot operated to prevent cross contamination.
  - A communal bowl (where water is shared) should not be used for handwashing.

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