

First...

Handwriting practice lines for the 'First...' section, consisting of five sets of three horizontal lines (top solid, middle dashed, bottom solid).

Then...

Handwriting practice lines for the 'Then...' section, consisting of five sets of three horizontal lines (top solid, middle dashed, bottom solid).

Finally...

Handwriting practice lines for the 'Finally...' section, consisting of five sets of three horizontal lines (top solid, middle dashed, bottom solid).