

# Christmas

## lunch menu

9 or 10

December 2015\*

### Starter

Lentil soup  
Served with crusty bread

\*\*\*

### Main courses

Roast turkey  
Served with gravy and chipolatas

or

Steak pie

or

Vegetarian roast with quorn chipolatas and gravy

All dishes are served with  
roast potatoes and sliced carrots

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### Dessert

Christmas ice cream tub

A selection of bread and extra vegetables  
or salad is available with all meals

the  
**goFresh**  
gang



You can complete this Christmas lunch menu in Adobe Acrobat and print it out, or print it and complete it by hand, using block capital letters. Return the form to the Cook in Charge in your child's school.

**To the Cook in Charge.** My child's choice is:

Please tick your choice

**Name**

**Main course :** Roast turkey

**Class**

Steak pie

Vegetarian roast

\*Please see information on the back of this leaflet.

## Dear Parent/Carer,

On either the 9 or 10 December 2015 (depending on your child's school's diary)\* our catering team will be serving a Christmas menu for your child's school lunch. The menu for the day is printed overleaf. Please note flyers were also distributed to the schools..

I hope that your child can join us for what promises to be a fun filled festive event.

The implementation of the Healthy Eating in Schools regulations (The nutritional requirements for food and drink in schools (Scotland 2008) enables us to ensure your child receives a nutritionally balanced meal each school day, complimented by other health promoting initiatives, teaching your child the importance of healthy eating and living.

I would like to take this opportunity to thank you and the pupils for the support shown over the past year and encourage any comments to the Go Fresh Gang at [GoFreshGang@southlanarkshire.gov.uk](mailto:GoFreshGang@southlanarkshire.gov.uk) or if you wish to discuss any of our themed events, nutritional issues or our new menus, please contact Joyce Goodwin on 01698 422821.

If your child has any special dietary needs, food allergies or intolerances, please contact the Cook in Charge at your child's school.

Yours faithfully

**Stephen Kelly**

Head of Facilities, Waste and Grounds Services

the  
**gO Fresh**  
gang



If you need this information in another language or format, please contact us to discuss how we can best meet your needs.  
Phone: 0303 123 1015 Email: [equalities@southlanarkshire.gov.uk](mailto:equalities@southlanarkshire.gov.uk)  
[www.southlanarkshire.gov.uk](http://www.southlanarkshire.gov.uk)

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