

P1 - Home Learning Pack

	Curricular Area	Activities
Week 1 and Week 2	Topic	<ul style="list-style-type: none"> Have a look at our Woodhead World tour activities on our school website. If you have already completed these, choose another country of your choice to visit to continue on your journey around the world. https://blogs.glowscotland.org.uk/sl/woodheadprimary/?tag=woodhead-world-tour Draw a picture of the country's flag. Find out what food people eat in your chosen country. Have you tried any of the food yourself? What animals come from your country? Draw a picture of them. Can you find out about any famous landmarks for this country and draw a picture of them?
	Health and Wellbeing	<ul style="list-style-type: none"> Walk or cycle each day. Practise getting dressed, putting on your shoes and putting on your coat. Can you do this yourself? Go to a park and climb on the climbing frame. This will help you to develop your gross motor skills.
Day 1	Literacy	<ul style="list-style-type: none"> Help your child to develop an ear for rhyme by telling them words that sound the same at the end. Read aloud/recite popular nursery rhymes. (Choose one or two to practice.)
	Numeracy and Maths	<ul style="list-style-type: none"> Find and sing some counting songs, like the one below; <ul style="list-style-type: none"> - 5 Little Speckle Frogs - 5 Fat Sausages - 1,2,3,4,5 Once I caught a Fish Alive
Day 2	Literacy	<ul style="list-style-type: none"> Choose two different nursery rhymes to enjoy together. How many do you know? What is your favourite nursery rhyme? Talk to your child about rhyme. Which words rhyme, which ones do not. Talk to your child about rhyming words, can they replace a word in a nursery rhyme with another e.g. wall for fall.
	Numeracy and Maths	<ul style="list-style-type: none"> Count as you go – Find opportunities to count e.g. count the steps as you walk up and down the stairs or count the flowers in the garden.
Day 3	Literacy	<ul style="list-style-type: none"> Say two rhyming words and get your child to put their thumbs up if they rhyme or thumbs down if they do not. Can your child have a go at saying some of the nursery rhymes on their own/can you start a rhyme and they finish it?

	Numeracy and Maths	<ul style="list-style-type: none"> As your child practises counting forward and backwards, encourage your child to tell you the number before or after a given number. E.g. 1,2,3,4... 10,9,8...
Day 4	Literacy	<ul style="list-style-type: none"> Draw a picture of a selection of words that rhyme.
	Numeracy and Maths	<ul style="list-style-type: none"> Draw some shapes on a piece of paper. Can your child recognise these? (Circle, square, rectangle and triangle). Shape Hunt – can your child recognise some basic shapes in the garden?
Day 5	Literacy	<ul style="list-style-type: none"> Body name game – point to a part of the body and your child should try to think of a word that rhymes with it. Learn a new nursery rhyme and share it with someone in your family.
	Maths and Numeracy	<ul style="list-style-type: none"> Play a game using a dice e.g. roll a dice and lay out the corresponding number of items using everyday household materials or do the same but in an active way e.g. three jumps, 2 giant steps.
Day 6	Literacy	<ul style="list-style-type: none"> Make up some silly rhyming sentences e.g. Pig in a Wig, Snail on a whale, Bee on a Tree.
	Numeracy and Maths	<ul style="list-style-type: none"> Collect 10 sticks outside. Order them from shortest to longest.
Day 7	Literacy	<ul style="list-style-type: none"> Continue to have fun with rhyme, say a short sentence and ask your child to think of a way to end it with rhyming words e.g. A fish named Jim was learning to.... (swim). A little star is way up high, it was the brightest star in the....(sky).
	Numeracy and Maths	<ul style="list-style-type: none"> Can you order items within your house? E.g. line up your cuddly toys from biggest to smallest.
Day 8	Literacy	<ul style="list-style-type: none"> Pass the rhyme – use an object to pass back and forth and as you do so, say a rhyming word e.g. fat, cat, hat, mat.
	Maths and Numeracy	<ul style="list-style-type: none"> Can your child spot numbers around them e.g. clocks, number plates, door numbers.
Day 9	Literacy	<ul style="list-style-type: none"> Say a word and get your child to find something in the room that rhymes with the given word. e.g. sock/clock, floor/door, bear/chair. You may want to go outside.
	Numeracy and Maths	<ul style="list-style-type: none"> Sorting – choose some household items and ask your child to sort them in a way of their choosing e.g. socks – sort by size, style/pattern, colour. Toys – sort by size, colour, type (soft/hard).
Day 10	Literacy	<ul style="list-style-type: none"> A syllable is a part of a word that contains sounds (phonemes) of a word. It usually has a vowel in it. A syllable is also called a 'beat' and teachers often teach children to identify syllables by clapping the 'beats' in words.

		<ul style="list-style-type: none"> Try to tap the syllables in a selection of words. e.g. el/e/phant. Can you find the syllables in your name? Log on to Doorway Online and practise recognising letters and your letter formation. Can you find the letters in your name? https://www.doorwayonline.org.uk/activities/letterformation/
	Maths and Numeracy	<ul style="list-style-type: none"> Can your child identify colours around them. Ask them what colour are the leaves on the trees? What colour is the sky? The sun is yellow, what else can you see that is yellow? Log on to Doorway Online and practise recognising numbers and your number formation. https://www.doorwayonline.org.uk/activities/letterformation/