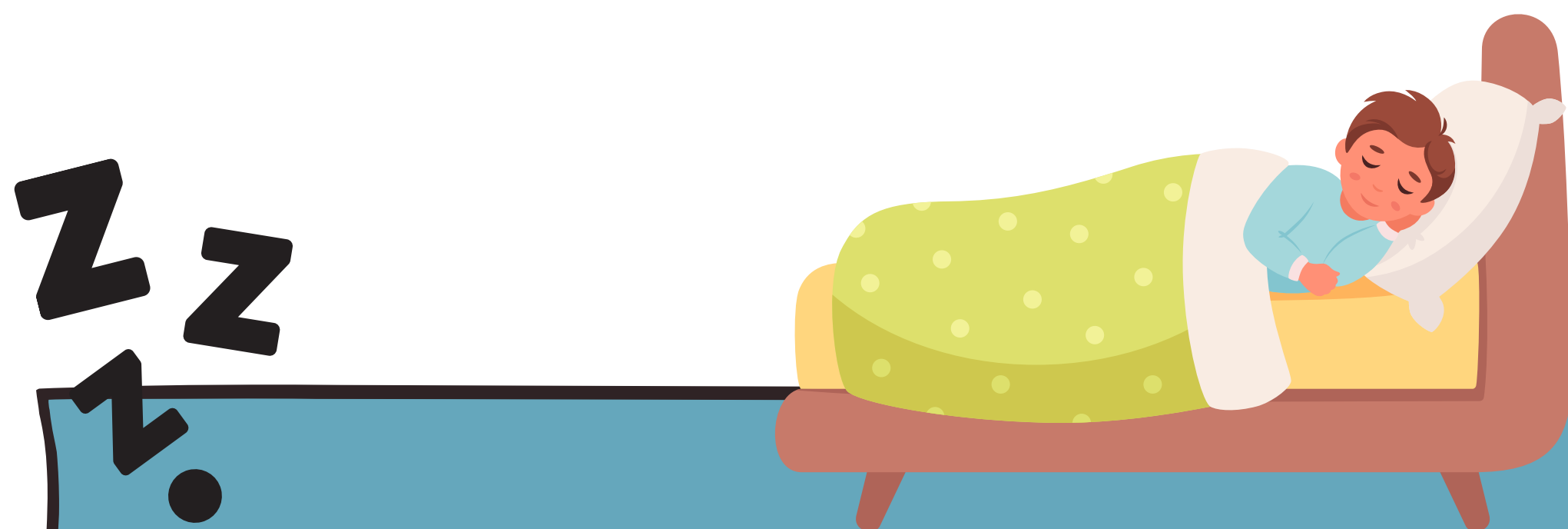


OCCUPATIONAL THERAPY NEURODEVELOPMENTAL SERVICE



SLEEP WORKSHOP

THIS PARENT WORKSHOP WILL DISCUSS COMMON CHALLENGES SURROUNDING SLEEP AND OFFER PRACTICAL STRATEGIES FOR FAMILIES.



DATE & TIME: TUESDAY 30TH JANUARY 2024,
12.30PM-2.30PM



LOCATION: NCT CENTRE, 15 MANSE ROAD,
NEWMAINS, ML2 9AX

PLEASE CONTACT US TO REQUEST A SPACE ON:



WORKSHOPS.NDS@LANARKSHIRE.SCOT.NHS.UK

PROVIDING THE FOLLOWING DETAILS:

CHILD'S NAME & DOB

CONTACT NUMBER FOR ADULT/S ATTENDING