## .....AS COPIED FROM E-MAIL TO SCHOOL HEALTH AND WELLBEING COORDINATOR 1/6/16

The journey to school remains the responsibility of the parents, however, where there is a push on promoting safe and sustainable travel options, it is good to put some guidance in place and you have suggested.

Regarding cycling and scooting to school, I would suggest that parents assess their child's ability to travel to and from school safely on a route they are happy with. Pupils should be wearing a properly fitted helmet and brightly coloured clothing (preferably high vis) and have a bike or scooter in working condition. Pupils need to be aware of and courteous towards other people travelling on the same route that they are.

We would suggest that cyclists should have access to Bikeability cycle training. Bikeability Scotland is the name for multi level cycle training in Scotland, designed to give the next generation the skills and confidence to make safe and sustainable journeys.

The following levels are supported by the Traffic and Transportation Section:-

• Bikeability Scotland Level 1 (Aimed for completion by the end of primary 5)

This focuses on basic cycle control skills with an adaptable game-centered approach. This is a playground based precursor to level 2. This level contains no classroom work, with a certificate and badge awarded to pupils completing level 1 outcomes..

• <u>Bikeability Scotland Level 2</u> (Aimed for completion during primary 6)

This is the core Bikeability level which includes starting and ending a journey, road positioning, making left and right turns, u turns and overtaking. This level includes both classroom and practical work. Level 2 may be delivered as a stand alone programme, although prior completion of level 1 is highly recommended. A certificate and badge is awarded to pupils completing level 2 outcomes. This level requires an element of 'on-road training' within a residential T-junction location.

Should you wish to discuss any aspect of Bikeability training, please contact Colin Smith, Assistant Road Safety Training Officer, on 01698 453757 or by email to <a href="mailto:colin.smith@southlanarkshire.gov.uk">colin.smith@southlanarkshire.gov.uk</a>.

Some additional information is contained within the attached 'Cycling to School' factsheet which is attached.

Scooter riders should be careful not to go too fast and to stop at kerbs and then cross road safely.

Some additional information is contained within the attached 'Scooting to School' information for nurseries and schools factsheet which is attached.

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