

# Surviving Secondary School

## Top Tips!

### Be Prepared

Look at your timetable and make sure you know where to go and when.

### Be Organised

Make sure you have the right books and equipment with you for each lesson.

### Be Enthusiastic

Teachers won't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.

### Be Resilient

Sometimes things won't go your way. This is normal and happens to everyone, so don't worry.

Just say to yourself,  
*'tomorrow's another day!'*

### Be Brave

It might seem hard to make new friends, but everyone is feeling the same way. Say hello!

### Be Kind

If someone else seems to be having a hard time, try to help. This is a good way to make friends and hopefully they will return the favour.

### Be Yourself

Believe in yourself!  
You can do it!

### Be Honest

If you do something wrong or forget something, it's much better to own up straight away.

