

Questions

1. At what age did Mike start competing in long distance races?

2. Which was Mike's first ultra-distance race?

3. What does the word 'dominate' mean?

4. Where does the Transcontinental Race start and finish? Circle two answers.

Start	Finish
UK	Bulgaria
France	Turkey
Norway	Italy

5. Why was Mike's time for the Trans AM Race described as 'astonishing'?

6. What does GPS stand for?

7. Mike had to carry all the water he needed for his races. True or False? Explain your answer.

8. Why was it a challenge for Mike to carry all of his equipment?

9. Find two pieces of evidence to show Mike Hall was a determined person.

10. What ultra-challenge might you want to attempt?

Answers

1. At what age did Mike start competing in long distance races?

Mike started competing in long distance races when he was 28.

2. Which was Mike's first ultra-distance race?

Mike's first ultra-distance race was the Tour Divide.

3. What does the word 'dominate' mean?

Dominate means that you beat others or win for a long time.

4. Where does the Transcontinental Race start and finish? Circle two answers.

Start	Finish
UK	Bulgaria
France	Turkey
Norway	Italy

5. Why was Mike's time for the Trans AM Race described as 'astonishing'?

It was astonishing because he rode such a long way in a very short time.

6. What does GPS stand for?

GPS stands for Global Positioning System.

7. Mike had to carry all the water he needed for his races. True or False? Explain your answer.

False. He had to find water during the race rather than carry it all.

8. Why was it a challenge for Mike to carry all of his equipment?

He has to carry enough equipment for lots of days but only had his bike to put it on.

9. Find two pieces of evidence to show Mike Hall was a determined person.

Variety of answers possible linked to the ideas of determination, covering long distances, riding when injured, trying again to beat his time or place, racing every year, etc.

10. What ultra-challenge might you want to attempt?

Variety of answers possible linked to challenges, swim the Channel, climb mountains, walk across a country, etc.

Answers

1. What kind of racing did Mike start doing after he was 28 years old?
Mike started to compete in ultra-distance races when he turned 28.

2. What position did Mike finish in his first Tour Divide Race?

15th place

20th place

11th place

9th place

3. Find and copy a word from the 2nd paragraph that means never stopping.
Relentlessly.

4. What was the name of the documentary Mike starred in?
Mike starred in a documentary called Inspired to Ride.

5. Tick True or False for the following statements.

	True	False
The Trans AM Race is about 4200 miles long.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Mike was the first winner of the Transcontinental Race.	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Mike had a team to help him when he was racing.	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Mike holds the record for the Trans AM Race.	<input checked="" type="checkbox"/>	<input type="checkbox"/>

6. Why was it important that Mike's bike was strong and light?

Strong:

The bike would be ridden for a long time and possibly on rough roads or terrain.

Light:

Mike would be carrying lots of other weight; it makes the bike easy to lift and fix.

7. How many people competed in the first Transcontinental Race?
30 people competed in the first Transcontinental Race.

8. Mike Hall was one of the greatest ultra-distance riders.

Find two pieces of evidence to support this statement.

Variety of answers possible with answers linking to the themes of determination, competitiveness, wins, records, etc.

9. Match the equipment to its job.

vitamins	to keep healthy through the race
puncture repair kit	to mend flat tyres
purification tablets	to make water safe to drink
GPS	to help with directions

10. Why was it important for the organisers to cancel the Indian Pacific Wheel Race?

Variety of answers possible linked to the idea of paying respect to Mike, other riders might not want to continue, etc.