

Usain Bolt Answers

1. When and where was Usain born?
Usain was born in Jamaica on 21st August 1986.
2. True or False – Usain didn't win any medals at the 2001 World Youth Championships but he did set a personal best time in the 200m race.
True
3. What did Usain become the first junior sprinter to do in 2004?
In 2004, Usain became the first junior sprinter to run 200m in under 20 seconds.
4. How do you think Bolt felt when he was chosen to represent his country in the Olympic Games?
Answers will vary.
5. What is his nickname?
Usain's nickname is 'Lightning Bolt'.
6. How many gold medals did Usain win in the 2008 and 2012 Olympic Games?
Usain won three gold medals in the 100m, 200m and relay events at both the 2008 and 2012 Olympic Games, which makes six gold medals in total.
7. How do you think Usain feels about competing in the 2016 Olympic Games in Rio? Why?
Answers could include: excited because he has a great chance of winning more medals, nervous because people have high expectations of him, worried that he may pick up another injury like the 2004 Games, and /or confident because he knows he is the fastest sprinter of all time.

Usain Bolt Answers

1. When and where was Usain born?
Usain was born in Jamaica on 21st August 1986.
2. By what age had Bolt become the fastest 100m runner at this school?
He became the fastest 100m runner at his school by the age of 12.
3. Who is he inspired by?
He is inspired by Waqar Younis, a former cricket player.
4. Why did Pablo McNeil get frustrated with Bolt?
He got frustrated with Usain because he didn't always take his training seriously and enjoyed playing practical jokes.
5. How do you think Bolt felt when he was chosen to represent his country in the Olympic Games?
Answers will vary.
6. Why do you think Usain reached a point in his life where he decided to take his sport more seriously and train harder?
Answers could include reference to: Usain realising his own potential, upcoming important sporting events were getting closer, not wanting to become injured again and /or that he felt the need to please people who had believed in him, like his trainer and the Jamaican president.
7. Why is Usain nicknamed 'Lightning Bolt'?
It's a play on words because of his surname and also to signify his speed - as fast as lightning!
8. Which do you think is Usain's greatest achievement to date? Why?
Answers will vary.

Usain Bolt Answers

1. When and where was Usain born?
Usain was born in Jamaica on 21st August 1986.
2. By what age had Bolt become the fastest 100m runner at this school?
He became the fastest 100m runner at his school by the age of 12.
3. Who is he inspired by?
He is inspired by Waqar Younis, a former international cricket player.
4. Why did Pablo McNeil get frustrated with Bolt?
He got frustrated with Usain because he didn't always take his training seriously and enjoyed playing practical jokes.
5. Why did Usain move to Kingston?
He moved to Kingston because the Prime Minister spotted his talent and wanted him to train with the Jamaican Amateur Athletic Association.
6. How do you think Bolt felt when he was chosen to represent his country in the Olympic Games?
Answers will vary.
7. Why do you think Usain reached a point in his life where he decided to take his sport more seriously and train harder?
Answers could include reference to: Usain realising his own potential, upcoming important sporting events were getting closer, not wanting to become injured again and /or that he felt the need to please people who had believed in him, like his trainer and the Jamaican president.
8. Explain how Bolt has shown resilience in his professional career.
In 2004, Bolt went to the Olympic Games in Athens but a leg injury stopped him from winning any medals. He was injured for some time but came back stronger to win gold at the 2008 Olympic Games.
9. Why is Usain nicknamed 'Lightning Bolt'?
It's a play on words because of his surname and also to signify his speed - as fast as lightning!
10. Which do you think is Usain's greatest achievement to date? Why?
Answers will vary.