



Kirklandpark Primary Attachment Action Plan (Pledge: All Behaviour is Communication)



Quality Indicator	What Action Do We Need To Take?	Timescale	Who will take the lead?	What resources do we need?	How will we know we have been successful?
There is a consistent message that all behaviour is communication and staff are encouraged to take a curious approach to understanding pupils' behaviour as well as reflecting on their own responses.	Staff will continue to apply their knowledge of attachment theory to better understand their own and other's behaviours.	Ongoing	Senior Leadership Team (SLT) Dawn Laing (HT) Alan Hepburn (DHT) Fiona Mackenzie (DHT) Amanda Gray (PT) Emma Forsyth (Nursery Team Lead)	KP Relationships Policy KP Relationships Policy Blueprint KP Nurture Policy Child Friendly Nurture Principles	Planned training sessions carried out and staff revisiting key information on "PPRUDB" and Attachment.
	Staff have opportunities to explore and reflect on their experiences and responses when supporting pupils who are dysregulated.	Ongoing	Attachment Working Group Class Teachers Support Staff	Protected time to revisit Attachment Strategy during in-service days, CAT and staff training sessions. This time will ensure we refresh our knowledge and understanding, as well as target new members of staff working in our establishment.	Improved understanding of behaviour being a form of communication.
	Staff will continue to develop their understanding through various CLPL opportunities to understand distressed behaviour using varied approaches.	Ongoing		SLT will continue to have an open door policy to discuss any issues or concerns regarding behaviour. Planned discussion time during tracking and monitoring meetings with regards to wellbeing. Professional dialogue during staff meetings to debrief on vulnerable pupils. Opportunities for staff CLPL sessions-communicated by SLT and Attachment working group. Signpost staff to academic reading, attachment information and SLC strategy. Update the Shared System to centralise resources and documents to support staff.	Staff will continue to share concerns about specific children and seek guidance about approaches. Staff will continue to work as a team for our pupils. Staff will attend CLPL opportunities to develop their knowledge and understanding on Attachment and Nurture. Staff will access academic reading and resources, feeling empowered to put information into action.
Attachment-Informed, Trauma Sensitive approaches underpin crisis prevention and intervention practices.	Staff will continue to apply de-escalation strategies within their classroom to ensure the wellbeing of all pupils.	Ongoing	Senior Leadership Team (SLT) Dawn Laing (HT) Alan Hepburn (DHT) Fiona Mackenzie (DHT) Amanda Gray (PT) Emma Forsyth (Nursery Team Lead)	Nurture sessions will continue to be implemented across all stages after Boxall profile is completed to identify targeted interventions.	Nurture sessions will take place with pupils across the school. Pupils will develop emotional, social and behavioural needs through Boxall profiles targets.
	Targeted weeks throughout the year will reinforce regulation strategies across all stages.	Ongoing	Attachment Working Group Class Teachers Support Staff	Staff will continue to use nurture break out spaces to support regulation of distressed behaviour. Targeted interventions in place to meet the needs of pupils (drawing & talking, enhanced transition, soft starts, emotional check ins etc) Breathing and relaxation techniques incorporated within classrooms.	Pupils will use the nurture break out spaces independently to self regulate. Interventions will be implemented by SLT, teachers and support staff to meet the needs of all pupils. Children can discuss breathing



				Health Month and Children's Mental Health Week will have a focus on mental wellbeing across Early, First and Second Level.	techniques to self regulate their emotions. Mental health will be prioritised through weekly/monthly focuses. Children will feel empowered by knowledge, understanding and skills gained.
Pupils have access to targeted interventions to support emotional regulation and minimise distressed behaviour—based in the establishment or community—as needed.	Staff will continue to use Emotion Coaching techniques to use methods aimed at supporting emotional regulation.		Senior Leadership Team (SLT) Dawn Laing (HT) Alan Hepburn (DHT) Fiona Mackenzie (DHT) Emma Forsyth (Nursery Team Lead) Attachment Working Group Class Teachers Support Staff	Emotion Coaching training for all staff. Attachment working group to target new staff and update them on restorative approaches.	Restorative approaches being used across the school with a consistent approach to language and behaviour approaches. Pupils being supported to regulate their emotions in the classrooms, playground, lunch hall etc.
There is a commitment to embody a relational approach to managing conflict in contrast to a behaviour management approach.	Continue to use restorative approaches to maintain accountability for actions using Kirklandpark policies. Peer Mediation training for Playground PALS to support wellbeing during playtime and lunchtimes. SHANARRI assemblies focus on the wellbeing indicators and follow up discussions to be carried out in the classroom linked to the Emotion Works Programme.	Ongoing	Senior Leadership Team (SLT) Dawn Laing (HT) Alan Hepburn (DHT) Fiona Mackenzie (DHT) Emma Forsyth (Nursery Team Lead) Attachment Working Group Class Teachers Support Staff	KP Relationships Policy KP Relationships Policy Blueprint KP Nurture Policy Child Friendly Nurture Principles Allocated Pupil Committee time to develop Playground PALS knowledge and understanding of Peer Mediation. Peer Mediation resources and handbook. SHANARRI focus during assembly time. PowerPoints and pupil wheels. Emotion Works programme nursery to primary 7.	Guidance within policies being put into practice by all staff members. P5-7 pupils being trained in Peer Mediation approaches. This will result in a more inclusive playground. Pupils will feel supported in our outdoor spaces. Pupils will have a deeper understanding of the wellbeing indicators of SHANARRI.