



**Education Resources**

Executive Director **Carole McKenzie**

Head Teacher: **Dawn Laing, Kirklandpark Primary School**

If calling, ask for: **D. Laing**  
Telephone: **01357 520177**  
Date: **1 November 2023**

Dear Sir/Madam,

I am writing to refer and request a placement at Darcy's Equine Assisted Learning Centre for one of our Primary 7 pupils, XXXX.

XXXX experiences anxiety related to his ADHD diagnosis. He has previously attended the centre and benefitted hugely from his sessions which had an extremely positive impact on his mental health.

XXXX is now in Primary 7 and is experiencing a lot of change in his school life as the routines for this stage are very different to those of the rest of the school. He is also involved in a lot of discussion and work based around his transition to secondary school. These aspects of school life are unavoidable and whilst we do all that we can to support him, big changes are difficult, unsettling and a little frightening for him. Although XXXX can appear confident, he has a huge amount of self-doubt and very low self-esteem. Previous sessions with your centre really helped to boost his attitude towards himself as well as to relax him. On return to school, he was visibly calmer, more contented and more positive.

If it were at all possible for XXXX to have further sessions, I feel that it would be a huge factor in helping him to cope and manage his way through this period of major change.

Should you require any further information or if you need to complete any paperwork, please do not hesitate to contact me.

Kindest regards

XXXXX  
Head Teacher

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