



Attachment Ambassadors

The Pupil Attachment Ambassadors will be working to implement action plans to help Kirklandpark Primary achieve accreditation for each of the six SLC Attachment-Informed, Trauma Sensitive Pledges:

- Act to Make a Difference
- See the Whole Person
- Respond with Compassion
- All Behaviour is Communication
- Hear their Voice
- Believe in Change



Attachment Styles

Anxious



I want to be extremely emotionally close with other but they abandon me.

Fearful Avoidant



I have trust issues and maintain distance from others.

Avoidant



It is very important that I feel independent and self-sufficient.

Secure



I don't worry about being abandoned or about someone getting too close to me.

Attachment is...

- **Having a close bond with others e.g. immediate family members, friends, grandparent, pets**
- **Sharing an interest with someone**
- **Playing positively with a peer/sibling**
- **Saying something kind to someone you know but also someone new to the school.**
- **Including someone in a game or conversation**
- **Understanding someone else's feelings.**



- **We would like everyone to help make Kirklandpark a school with strong attachments.**
- **To do this we are going to choose a theme for each month and set everyone a challenge.**
- **We will be keeping an eye on everyone in the playground and lunch hall throughout the day.**
- **If we see/hear anyone rising to the challenge, we will add a sticker to our 'Attachment Committee' display.**
- **At the end of the month, we will share how successful we feel the challenge has been.**
- **Here is our Challenge for February...**

Friendship February



- **Our Challenge for February is called Friendship February!**
- **We would like you to try and show others in the school a positive experience.**
- **Try and find ways to make everyone feel included and happy at school.**
- **Think carefully about one thing you could do to make someone in your class, the playground, the lunch hall or walking through the gate, smile and feel happy.**
- **Choose someone you have not spoken to, met or played with before.**
- **Here are a few things you could do to make someone's day a happy and positive one.**

Say Bonjour!

Say hello!

**Include
someone in a
game.**

Smile!

Say aloha!

**Share games
and toys**

**What can we do
to help someone
feel included and
happy at school?**

**Help someone
who is hurt or
sad**

**Ask 'how has
your day
been?'**

**Say 'Good
Morning'**

**Talk to someone
new to you**

**Ask about
favourites**

**Give them a
high five**

**Ask questions
about the
person**

You can let us know if you see or hear anyone doing something to make a person happy. Tell us about it! We will be wearing our new Attachment Ambassador badges to help you identify us.



There are so
many reasons
to smile :)

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