

Education Resources

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Dear Parents/Carers,

We are reaching out to share an important initiative that has been gaining momentum in our community—the Smartphone-Free Childhood Movement. Many parents have expressed concerns about the impact of smartphones on children's wellbeing, social development, and mental health. In response, a growing group of parents in Strathaven are coming together to explore ways we can promote healthier phone use and support children in developing strong real-world connections. Please find attached a flyer showing the reason why parents are concerned.

To help guide this effort, we are conducting a **parent survey** to gather your thoughts and experiences. Your input will be invaluable in shaping our next steps and ensuring that any actions taken truly reflect the needs and concerns of our community. Here is the link to the survey, it takes only a few minutes to complete.



We also invite you to join our **WhatsApp community**, where parents can connect, share ideas, and stay informed about upcoming events and discussions. Simply scan the QR code below to join!



For more information on this movement and the research behind it, we encourage you to visit the Smartphone-Free Childhood website.

Thank you for your support Kirklandpark Parent Council

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