



Education Resources

Interim Executive Director **Anne Donaldson**

Head Teacher: **Dawn Laing, Kirklandpark Primary School**

If calling, ask for: **F. Mackenzie**
Telephone: **01357 520177**
Date: **3rd March 2025**

Dear Parents/Carers,

On **Tuesday 11th March** we will be hosting a variety of workshops that can support your child's wellbeing. We have a range of guest speakers who will be delivering the sessions on attachment, nurture, emotion coaching and mental health. If you are interesting in attending the workshops, please complete the attached Google Form by **Thursday 6th March**.

If parents/carers require to bring your child along, child care will be provided by staff throughout the duration of the workshops in Room 1a. Please see the following schedule for more information:

Doors Open (3:00pm)

Please sign in on arrival and enter the gymhall from the fire exit at the bottom of the stairs, nearest to the front of the school.

Welcome (3:15pm)

Tea, coffee and cake will be provided on arrival for parents/carers.

Emotion Coaching (3:20- 4:00pm)

Our Educational Psychologist, Julie Kiddie, will be presenting about the theory of Emotion Coaching and how this can be used at home to support your child. Within the session, she will discuss the different strategies available and how this can benefit your child's wellbeing.

Kooth Charity (4:00 -5:00pm)

Kooth provides free, online mental health support for children and young people in South Lanarkshire. The workshop discusses how you can access support, how to keep young people safe and top tips for parents when talking about mental health with their child. The session will also discuss how the Kooth app is a digital platform for support that can be accessed by parents and young people.

Nurture/Attachment (5:00- 5:40pm)

Susan Tullet, Principal Teacher of Specialist Support, will be presenting on nurture and attachment. Within the workshop, she will be exploring the nurture principles and strategies/interventions that would be helpful for children who are requiring support with their social and emotional wellbeing.

Best Wishes,

F. Mackenzie

(Acting Depute Head Teacher)

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