



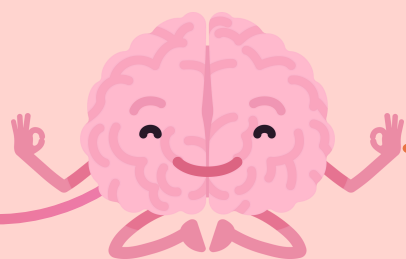

SAVE THE DATE

TUESDAY 11TH MARCH  
3:00PM



# SUPPORTING YOUR CHILD'S WELLBEING

Come along to our wellness workshops,  
where we have a range of guest  
speakers there to support your child's  
wellbeing.



From Emotion Coaching, Attachment,  
Nurture Principles and the mental  
health charity Kooth.



REST & RELAXATION