

Parent meetings/discussions related to children who have school anxiety, difficulties with transitions in the morning, difficulties building relationships with staff and peers.

- Email conversations related to P5 child who was having difficulties attending and remaining in school/class after a difficult parental separation.

Hello Mr Hepburn,

I know you'll be very busy nearing the end of term but I wondered if you'd have a chance to resume your meetings with [REDACTED]

He's been finding things quite difficult this last week or so, and has had a few minor but ultimately upsetting run-ins with [REDACTED] Would you be able to resume your support sessions with him?

Best wishes

Good morning,

Last week was quite a busy week and the sessions were interrupted due to me being class committed for a large part of the week. We had a session at the beginning of the week and R [REDACTED] had had a good start to the week and a good weekend

I checked in with him every day apart from Thursday and other than one upset in the class, which we talked about and came up with a plan going forward for the day and rest of the week, he didn't mention any other problems.

We are back on track this week and I will see him today. I will remind him that he does not have to wait until one of our sessions to come and speak to me - I am always in the lunch hall/gym hall at lunch time if he wants to talk or we can sort out another time in the afternoon to speak. If [REDACTED] needs some more sessions this week, which I will speak to him about today, then we can organise that for him.

Kind regards,

Hello Mr Hepburn,

Many thanks for this, I think he has had it in his head that he's to wait until the sessions. I will also remind him that he doesn't have to.

Your input is proving to be a real positive for him at this time, thank you for that.

- Parental communication between DHT, parent and Educational Psychologist - relating to as P2 child with school anxiety and attendance has been declining and ongoing for a significant period of time.

Morning

Hope you've had a nice break, what a beautiful day to come back to work!

Over the past week we have been working on re-establishing routine, improving sleep and activities other than screens. Rosie has been on a number of play dates and has enjoyed socialising with friends.

She hasn't been talking much about school but going was a firm no this morning but I would like to introduce some learning activities into her day- is there anything that the school could supply or point me towards please?

Also, Julie, do we have a meeting planned? I'm at the teen life course tomorrow but can remember if we had anything else planned?

Good evening,

We had a very quieter time during the holidays, thanks you. I think Julie is not back until tomorrow so thought I would send a quick reply. We had organised to meet tomorrow morning at 9:15am on Kirklandpark. Please let us know if works for you still or whether we will need to reschedule.

That is great to hear that [REDACTED] has been out and about with her friends during the holidays, it will have been good for her to socialise. I will have a think about some activities that could be incorporated into [REDACTED]'s daily routine and send them through.

Kind regards,

Good morning,

It's good to hear that routines and other parts of life are starting to improve. I forgot the course was starting, no problem. I will head into the office and have a look through possible dates and get back. I hope the course goes well. In the meantime, Alan could you link in with some activities that [REDACTED] could do at home, possibly topic work if there was something happening in class?

Best wishes,