



Chatelherault Primary School Rights Award

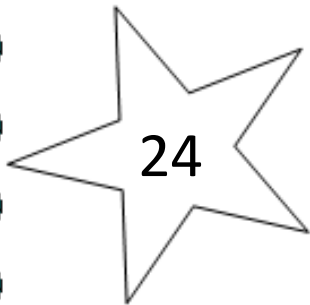


Gracie — Room 1



Has been a rights respecting pupil by

remembering the right of the month and knowing the importance of having clean water to drink.



Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, a clean environment and education about health and wellbeing so children can stay healthy.

Signed: Mrs Winters-ME

Date: 22/1/24



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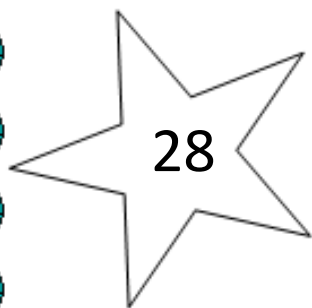


Aaron — Room 2



Has been a rights respecting pupil by

demonstrating amazing manners this week: helping to tidy, holding doors open for others and developing your turn taking during social skills time.



Every child has the right to an education, primary education must be free and different forms of secondary education must be available to every child

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Date: 22/1/24





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Isla — Room 3



Has been a rights respecting pupil by
having a super understanding about this month's
Right of the month.

24

Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, a clean environment and education about health and wellbeing so children can stay healthy.

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Ayan — Room 5



Has been a rights respecting pupil by

respecting your own and others' right to a clean environment by always helping to tidy up in class when tasks are finished.

24

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EMMA — ROOM 8



Has been a rights respecting pupil by

always completing your daily mile, regardless of the weather.

3 GOOD HEALTH AND WELL-BEING



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Signed: *Mrs Winters M.E.*

Date: 22/1/24





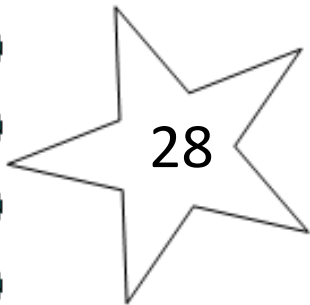
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Jacob — Room 10



Has been a rights respecting pupil by
working well with others in the class during tasks.



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Jack — Room 10



Has been a rights respecting pupil by
working hard during swimming sessions.

3 GOOD HEALTH
AND WELL-BEING



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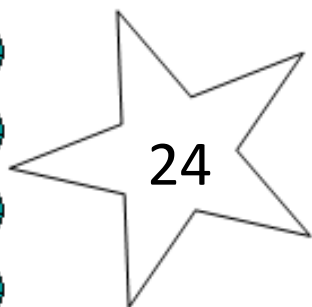
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Devajith — Room 12



Has been a rights respecting pupil by
recognising who keeps us safe and healthy.



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Article 24

1. Dentists keep your teeth healthy,

2.





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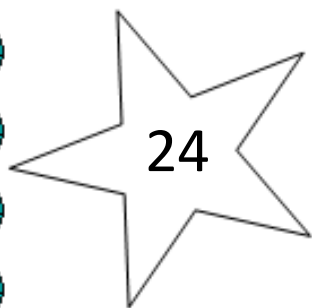


Logan — Room 13



Has been a rights respecting pupil by

developing life skills when learning to safely chop a range of fruits and vegetables in the Cosy Café.



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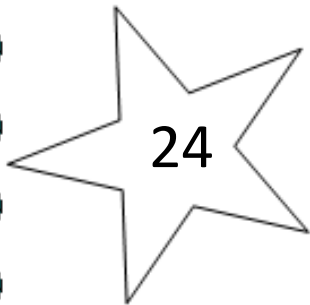
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Mila — Room 15



Has been a rights respecting pupil by learning how use the traffic light system on food to make healthy choices about the food we eat.



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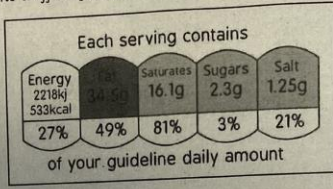
Date: 22/1/24

17.124 Food labels

L.L. to use labels to identify healthy and foods

Food Labels Hunt

Have you ever noticed the traffic light systems on the front of food packages?



These labels are supposed to help us make healthy choices. Investigate some food labels and record the information they give you below.

Name of food: Naturally Sweetcorn

Each serving contains				
Energy 21g	Fat 1.2g	Saturates 0.3g	Sugars 0.09g	Salt 0.01g
4%	2%	2%	7%	<1%

of your guideline daily amount

In your opinion, is this a healthy choice? Why?
I think this is a healthy choice because it has low percentages.

Name of food: Batchelors Super Noodles

Each serving contains				
Energy 1450	Fat 16.1g	Saturates 7.7g	Sugars 1.1g	Salt 1.06g
13%	22%	11%	3%	23%

of your guideline daily amount

In your opinion, is this a healthy choice? Why?
I think that this is an unhealthy food because it has fat bits in it.

You can use the information on labels and the traffic light system to recognise healthy food choices. "



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Tyler - Room 16



Has been a rights respecting pupil by

promoting good health and wellbeing by remembering to brush your teeth well in school.

3 GOOD HEALTH AND WELL-BEING



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Logan — Room 17



Has been a rights respecting pupil by

carrying out super research about Global Goal 3 Good Health and Wellbeing.

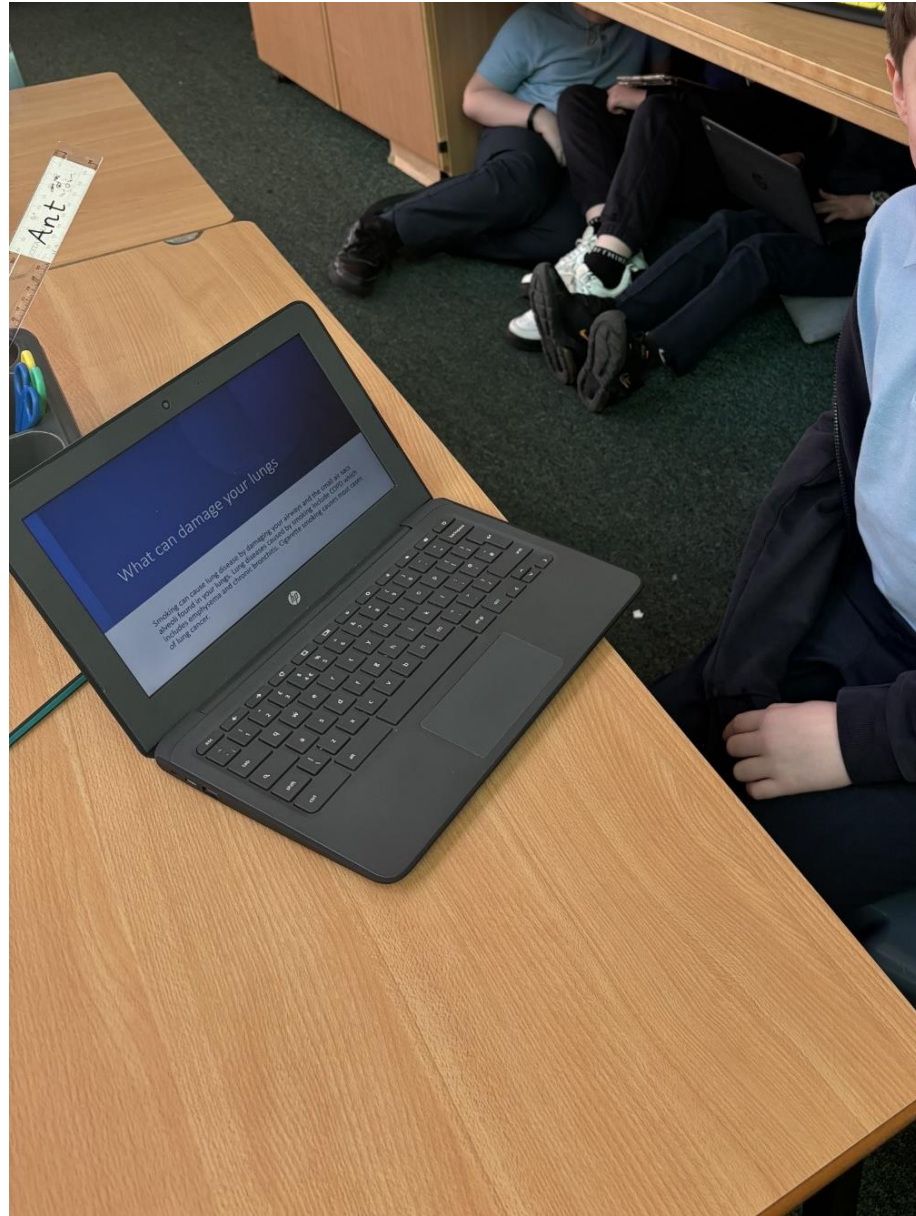
3 GOOD HEALTH AND WELL-BEING



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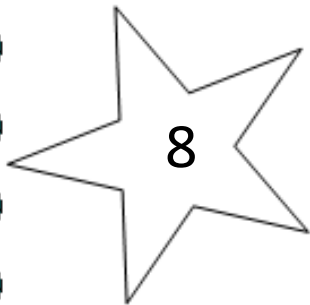


Leah — Room 18



Has been a rights respecting pupil by

working collaboratively to research and present information about a famous Scot.



Every child has the right to an identity. Government must respect and protect that right, and prevent a child's name, nationality or family relationships being changed unlawfully.

Signed: Mrs Winters-ME

Date: 22/1/24



Chatelherault Primary School Rights Award



Sophie — Room 18



Has been a rights respecting pupil by

working collaboratively to research and present information about a famous Scot.



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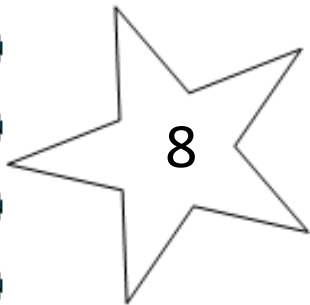


Isla — Room 18



Has been a rights respecting pupil by

working collaboratively to research and present information about a famous Scot.



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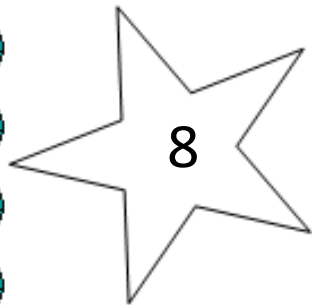


Hayden — Room 18



Has been a rights respecting pupil by

working collaboratively to research and present information about a famous Scot.



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BILLY CONNOLLY

- By Isla, Hayden, Leah and Sophie



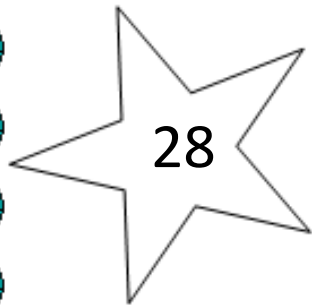
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Rebecca — Room 18



Has been a rights respecting pupil by
designing the flyer for Chatelherault Primary's
Community Cafe



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Signed: Mrs Winters-ME

Date: 22/1/24

♥
Chatelherault Community Cafe

Every Monday

In January and February 2024

From

2-3p.m.

♥
Local residents are invited to come along
to have a drink and a biscuit.

Pupils will be on hand to read stories,
chat, play games and create crafts.

R.S.V.P.

01698 282929 or

office@chatelherault-pri.s-lanark.sch.uk

