



Dear parent/carer,

Your child's school has chosen to be part of an exciting behaviour-change initiative to encourage more children and their families to walk to school. **WOW – the walk to school challenge** is delivered by Living Streets, the UK charity for everyday walking, to help as many children as possible experience the benefits of walking to school.

The pupil-led challenge enables children to self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least once a week for a month, they get rewarded with a badge. It's that simple!

What are the benefits of walking to school?

- Children feel happier and healthier
- They arrive to school refreshed, healthy, and ready to learn
- A reduction in congestion and pollution at the school gates

What if we can't walk to school?

Park and Stride to help your child earn their WOW badge. You can park or hop off public transport **at least ten minutes away** from the school and walk the remaining journey.

What is a WOW badge?

There are 11 badges to be earned from September 2022 – July 2023. Each badge has been designed by a pupil from across the UK as part of our annual WOW Badge Design Competition. A new badge can be earned every month if you walk/wheel, cycle, scoot or Park and Stride at least once a week.

Pupils will be taking part in a *Walk through Time*, earning badges while learning about key historic moments ranging from prehistoric creatures to ancient societies, to important moments and great journeys that changed the world.

The badges are made in Cornwall from recycled plastic material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit: livingstreets.org.uk/recycling

In the UK, over 1,500 schools and around half a million pupils are enjoying the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please contact

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livingstreets.org.uk/wowlaunch

Let's swap those school runs for school walks.

America House, 2 America Square, London EC3N 2LU
020 7377 4900 info@livingstreets.org.uk livingstreets.org.uk