



# Chatelherault Primary School

## Pupil Groups

### Group: Health and Wellbeing

Date: 05.10.2022



#### Points from previous meeting:

- Purpose of our group and what are our aims.
- Physical and mental health are both important.
- Ways to promote healthy eating in our school.
- Awareness of the buddy bench and its purpose.

#### Main discussion points from today:

- The group wished to discuss their role as the HWB pupil group during 'fruity friday' that was running the month of October.
- Group decided it would be a good idea to create a poster for each classroom, to spread awareness for the house point systems.
- Each member was assigned a classroom to visit around the school to explain 'fruity friday'.
- Brainstorm ideas for buddy bench awareness - posters/create a slideshow
- 4 pupil volunteered to speak at together time

#### Focus Article:

##### ARTICLE - 24

Children have the right to the best possible health.

#### Action Points:

- All members visit assigned classes and explain 'fruity friday'.
- 'Fruity Friday' posters to be displayed in classrooms.
- 4 pupils to consider what they would like to say about the buddy bench at together time and bring notes to next pupil voice group meeting.

Minute Taker: Miss Jamieson