


# Movement

*IMPORTANT Parent or Carer –  
Check that you are happy with any weblinks or use of the internet.*

**NB New activities are being added at the top of each document.**

## Activity 8 – Fine-motor Craft

### Make an egg box bird feeder

<p><b>What to do</b></p> <ul style="list-style-type: none"><li>○ Talk about all the birds that like to visit the area near your home. Agree that you could encourage more by putting food out.</li><li>○ How to make the bird feeder together:<ul style="list-style-type: none"><li>– Tear the lid from the base.</li><li>– Make holes for the string by pushing a pencil through each corner.</li><li>– Cut the string to the correct length.</li><li>– Thread the string through the holes to make a hanging loop.</li><li>– Decorate the underside of the box with felt pens.</li><li>– Using a pinching movement, your child can put in bird seed in each section.</li></ul></li><li>○ Put up your beautiful feeder and wait for the birds to visit.</li></ul> <p><b>Hint:</b> It may take several days before birds feel brave enough to visit.</p>	<p><b>What you need</b></p> <p>Egg box (papier Mache kind), string, scissors, sharp pencil, bird seed, felt pens</p> 
<p><b>Extension</b></p> <p>Try putting small pieces of apple, pear or cheese in the sections. A table knife can be used for safe cutting.</p> <p>Try making feeders from other packaging.</p> <p>Do some bird watching.</p>	<p><b>Questions to ask</b></p> <p>Why do birds visit our garden? What might encourage them?</p> <p>How can we separate the lid from the base?</p> <p>How can we avoid tearing the cups?</p> <p>How can we fix the string to the box? How can we make holes safely?</p> <p>How long shall we have the string? Can you cut it safely? Can we thread it through? Can you pick up these slippery seeds?</p>