Activity 2 – Dancing to music

Play musical statues

What to do

- Play fun music to dance to when the music is stopped everyone freezes.
- Add in elements, e.g. jumping, big movements, dance like a robot, dance like you're in space, to provide variety to the dancing.
- o Add challenges, e.g. when the music stops... freeze in an animal shape, pulling a face, with your hands on your head, etc.
- With more than one child you can add some friendly competition.

What you need

Music Someone to control the music



Extension

Dance to reflect the mood of the song, e.g. dramatic flourishes for 'Let it go', energetic for 'Who let the dogs out' etc.

Put together a playlist which includes songs which will appeal to each dancer.

Have a dancing competition.

Questions to ask

What parts of your body are you using? Are you listening to the music? How can you freeze without falling over? How can we describe our movements? Are they big/small/fast/slow?