

EXPLORE PATTERNS IN NATURE

This is such a simple way to inspire awareness and awe about the astoundingly beautiful and amazing patterns in nature! Choose a leaf, flower, pinecone, stick, or stone, and bring it home to examine. If you can't get outside, look online or find a picture. Then, take time to observe and talk about the patterns you see. What shapes/colors can you find? How are they organized? Why might these patterns exist? Then, draw/recreate the patterns. What do the patterns make you think of? What other things in the world have you seen that are similar? Finally, have fun, and make your own picture with the same shapes and colors!

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