



Blackwood ELC - Health and Wellbeing



Updated: March 2026

Review: March 2029

Health and Wellbeing in the ELC

Self-Evaluation:

HGIOELC 2.1 Safeguarding and Child Protection

HGIOELC 2.3 Learning, Teaching and Assessment

HGIOELC 2.5 Family Learning

HGIOELC 3.1 Ensuring Wellbeing, Equality and Inclusion

HGIOELC 3.2 Securing Children's Progress

HGIOELC 3.3 Developing Creativity and Skills for Life and Learning

Health & Social Care Standards

1, 2, 3, 4 and 5.

Principles and Practice (CFE):

Learning through health and wellbeing promotes confidence, independent thinking and positive attitudes and dispositions. Because of this, it is the responsibility of every teacher/staff to contribute to learning and development in this area.

Everyone within each learning community, whatever their contact with children and young people may be, shares the responsibility for creating a positive ethos and climate of respect and trust - one in which everyone can make a positive contribution to the wellbeing of everyone within the school and the wider community.

Our Vision ...

At Blackwood Primary School and ELC we strive to establish a caring, nurturing and stimulating environment which encourages creativity and curiosity and recognises each child as an individual, enabling them to attain and achieve.

Our Values ...

Friendship, Respect, Equality, Determination

Core Resources

- Education Scotland
- Health and Wellbeing - Physical Education, Activity & Sport - North Ayrshire
- First Steps to Rights
- Ziggy Big Books
- Scholastic Health and Well Being - Early Years
- Framework for Early Years - Proud to be Me
- SLC MYSELF calendar
- National Standards for nursery and school toothbrushing programme
- Protective Behaviours programme
- NHS Exclusion criteria for daycare services

Key Terminology

Health and Wellbeing Organisers: Mental, emotional, social and physical wellbeing, Planning for choices and changes, Physical education, physical activity and sport, Food and health, Substance misuse and Relationships, sexual health and parenthood.

UNCRC - United Nations Conventions on the Rights of the child.

GIRFEC - Getting it Right for Every Child.

Wellbeing Indicators - Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible and Included.

Guidance and Procedures

Effective learning and teaching in health and wellbeing:

- engages children and young people and takes account of their views and experiences, particularly where decisions are to be made that may impact on life choices
- takes account of research and successful practice in supporting the learning and development of children and young people
- uses a variety of approaches including active, cooperative and peer learning and effective use of technology
- encourages and capitalises on the potential to experience learning and new challenges in the outdoor environment
- encourages children and young people to act as positive role models for others within the educational community
- leads to a lasting commitment in children and young people to follow a healthy lifestyle by participation in experiences which are varied, relevant, realistic and enjoyable

Guidance and Procedures continued

- helps to build positive relationships with other professionals to support the holistic development of each child
- helps to foster health in families and communities through work with a range of professionals, parents and carers, and children and young people, and enables them to understand the responsibilities of citizenship
- harnesses the experience and expertise of different professions to make specialist contributions, including developing enterprise and employability skills.

Assessment, Moderation and Quality Assurance

- Formative Assessment strategies (e.g. consultation with the children).
- Good practice is shared with colleagues through moderation, peer and self- assessment.
- SMT will monitor planning, learning experiences and assessment opportunities through discussions with staff, playroom observations, discussions with the children and sampling individual children's online learning journals and tracking.

Links

- Education Scotland
- Health and Social Care Standards
- HGIOELC
- CFE
- GIRFEC
- Children and Young People's Bill (2014)

Audience

- Children
- ELC Staff Team
- Support Staff
- SMT
- Parents/Carers
- SLC Personnel
- HMIe
- Care Inspectorate