

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course One	Macaroni cheese (v)	Smash burger (beef) in a bun	Rainbow lasagne with garlic bread (v)	Pork Sausages	Homemade cheese pizza (v)
Main Course Two	Baked tatties with Beans (ve) Baked tattie with cheese (v)	Buffalo cauliflower wings (ve)	Lentil Soup (ve) with Ham sandwich cheese sandwich (v) tuna sandwich Banana sandwich (ve) egg sandwich (v)	Golden Spanish rice (ve)	Breaded Fish
Also Available	Salad Broccoli Carrots Baked beans	Salad Tattie wedges (ve) cobs baby Carrots	Salad Sweetcorn Whole Green beans	Salad Mashed tatties (ve) Baked beans Mixed veg	Chips (ve) Salad beetroot Peas
Dessert	Fruit Peach melba crunch (v)	Fruit Yogurt (v)	Fruit Yogurt (v)	Fruit Yogurt (v)	Fruit Vanilla cupcake (v)

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course One	Mediterranean pasta (ve)	Shetland veg and rice Soup (ve) with filled wraps ham Wrap cheese wrap (v) tuna wrap Hummus and pepper (ve)	chicken goujons	Baked Shetland salmon	Quorn Turkish pasta (ve)
Main Course Two	Roasted vegetable fajita wrap (ve)	Broccoli and sweetcorn crustless quiche (v)	lentil Dal with speckled basmati rice (ve)	Mozzarella stick (v)	Breaded Fish
Also Available	Salad Sweetcorn Baby Carrots	Salad Whole Green beans Baked beans	Salad Sweet potato fries (ve) or Fries Cobs Baked beans	Salad Diced potatoes (ve) Broccoli Diced carrots	Salad Coleslaw (v) Chips (ve) Peas Sweetcorn
Dessert	Fruit Yogurt (v)	Fruit Chewy tropical flapjack (ve)	Fruit Yoghurt (v)	Fruit Yogurt (v)	Fruit Fruity jelly (ve)

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course One	Tomato Soup or Lentil Soup (ve) With cheese roll (v) Egg roll (v) Avocado and tomato roll (ve) Cream cheese & cucumber roll (V)	Chicken fajitas	Chinese veggie noodles (ve)	Pork Sausage roll	Breaded fish
Main Course Two	Creamy carrot and courgette spaghetti (ve)	Homemade cheese pizza (v)	Beef Bolognese	Lentil, Sweet potato and spinach curry (ve)	Baked tatties with egg mayo (v) Baked tatties with Beans (ve) Baked tatties with Cheese (v)
Also Available	Salad Broccoli Sweetcorn	Salad Potato wedges (ve) Cobs Peas	Salad Pasta Baby carrots Whole Green beans	Salad Baked beans Broccoli Rice	Salad Chips (ve) Beetroot peas Sweetcorn
Dessert	Fruit Yogurt (v)	Fruit Shortbread biscuit (ve)	Fruit Yoghurt (v)	Fruit Yogurt (v)	Fruit Whip with mandarins (v)

Week four	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course One	Smooth mixed vegetable soup (ve) banana sandwich (ve) cheese sandwich (v) egg and tomato sandwich (v) Cream cheese & cucumber sandwich (v)	Indian spiced Chickpea and veggie roll (ve)	Cheese and tomato pizza rolls (v)	Mexican bean burrito (ve)	Chicken curry
Main Course Two	Vegan sausage roll (ve)	Pork meatballs in tomato sauce	sweet potato and mackerel cakes	Mince (beef)	Cheese Quesadilla
Also Available	Salad Sweetcorn Baked beans	Salad Garlic bread (ve) Pasta Mixed veg Broccoli	Salad Baked beans Sweetcorn Baby carrots	Salad Mashed tatties(ve) Potato wedges Green beans Sliced Carrots	Salad Rice peas sweetcorn flat bread
Dessert	Fruit Ice cream (v)	Fruit Yogurt (v)	Fruit Yoghurt (v)	Fruit Apple muffin (ve)	Fruit Yogurt (v)