



# Shetland Islands Council

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Dear Parent/Carer

We look forward to welcoming your child back to school tomorrow and hope you have all had an enjoyable Summer. A more detailed whole school letter will follow soon but in the meantime below is information specific to Primary which you may find useful before your child returns:

## Timetable

Please find attached the Primary timetable for this term showing the specialist classes. Primary 6 and Primary 7 begin swimming this week on Thursday 17<sup>th</sup> August for a 6 week block. If they could all remember their swimming kit including a swimming hat for anyone with long hair.

## P.E Kit/Change of Clothes

Could all pupils from P1 please bring a full change of clothes to store in school. All pupils will get changed for P.E so need to ensure they have a P.E kit (shorts, t-shirt, indoor trainers, hair bobble or long hair tied back) on the appropriate day or one which is left in school. To support the pupils in changing independently, could you please ensure you dress your child in clothes that are easy to change from/into.

## Start and End of School Day

Last term we amended our morning arrangement procedures to align with the principles provided by Central Services. These arrangements are as follows:

- Pupils not on the school bus, should arrive at school as near to 8:55am as possible.
- If arriving before the morning bell, pupils should be encouraged to play outside and enter their classroom from the fire exit.
- Teachers will continue to open the fire exit doors 5 minutes prior to the bell (8:50am) when the weather is poor.
- **After the earliest school bus arrives** (no earlier than 8:45/8:50am), children can access the school building and either wait in the porch or sit on the benches outside room 7. By this time, there will be staff present in the building who will be able to support pupils if necessary.
- Pupils entering from the back fire door (P3/4) can choose to enter from the main door, particularly when the weather is windy.

Primary 1 will go home after lunch at 1pm approximately until Wednesday 6<sup>th</sup> September. Parents can enter through the main door and collect them from their classroom. They will stay until 2pm every Friday.

All pupils will be released from their classroom fire doors at the end of the school day.

### **Healthy Snacks**

We have recently received the results of our National Dental Inspection Programme for Whalsay School. The results show that 68% of the children inspected in Whalsay School had no dental decay with the average for Shetland being 75%. In previous years our figures have always been above the Shetland average so we are keen to work with parents and the Oral Health Improvement Team to improve these figures and ultimately our pupils' oral health. A positive start to this is giving consideration to your child's snack ensuring it is as healthy as possible; it is recommended that chocolate and sweets are only given after a main meal. We have arranged for the Oral Health Team to visit the school to do workshops with each class, in the meantime, please find attached information leaflets from the Oral Health Team about healthy snacks and drinks.

If you have any questions on any of the above, please do not hesitate to contact the school.

Yours sincerely

L Irvine and P Irvine