



ACTIVITY CARD 5

DID YOU KNOW?

- **Throwing games** can also be used to develop turn-taking skills, and help children develop good muscle control and physical co-ordination.

TRY AT HOME

- **Set up a target** for a bean bag throwing game.
- The target can be any **reasonably sized container**.
- If you place a few containers in a row, **predict** where you will throw the bean bag before you throw.

OTHER THINGS TO TRY

- Use the wooden people as **skittles** to be knocked down by throwing a beanbag.
- **Take turns** until all the skittles are knocked down.