

Health and Wellbeing

I can...

- Recognise and talk about my feelings and understand how they can change in different situations.
- Show empathy and support others who may feel upset, lonely, or left out.
- Use coping strategies to manage challenges, change, and wellbeing.
- Identify trusted adults and services I can go to for help and support.
- Work cooperatively with others and reflect on how my behaviour affects the group.
- Understand how to stay safe online and maintain a healthy balance with screen time.

PE

In PE we will be focusing on Gymnastics, Fitness and Badminton.

Science

Space / Solar System

I can...

- Identify planets and other features of the solar system and describe their main characteristics.
- Explain relative sizes, distances, and how planets move around the Sun.
- Use models, diagrams, or digital tools to communicate my understanding of space.

Forces & Motion

I can...

- Investigate how forces such as gravity, friction, air resistance, magnetism, and static electricity affect movement.
- Compare different forces and explore how they are used in everyday life.
- Record and explain results from experiments clearly.

Light & Materials

I can...

- Explore how light reflects, forms shadows, and mixes to create colours.
- Use knowledge of light creatively through art or practical investigations.
- Investigate Earth's materials and compare their properties and uses.

Numeracy / Maths

Fractions, Decimals & Percentages

I can...

- Work confidently with fractions, decimals, and percentages, including comparing, ordering, and simplifying.
- Find fractions and percentages of amounts and use these in real-life contexts.
- Add, subtract, multiply, and divide fractions and decimals using mental and written methods.
- Round, estimate, and check answers, including using a calculator appropriately.

Information Handling

I can...

- Collect and record data using surveys, tables, and tally charts.
- Present information clearly using pictograms, bar charts, pie charts, and line graphs with appropriate labels and scales.
- Interpret data to identify patterns, trends, and averages (mean, mode, median, range).
- Use data to draw conclusions linked to real-life situations, such as screen time and online safety.

Literacy and Language

I can...

- Share and record my opinions and give reasons for them.
- Use persuasive language, questions, slogans, and conjunctions to argue a point of view.
- Organise persuasive writing with an introduction, clear arguments, and a concluding summary.
- Explain the difference between fact and opinion and recognise persuasive language.
- Recognise that people may have different opinions and explore both sides of an argument.
- Write balanced arguments that include points for and against, using a formal and non-biased tone.
- Explain how something works or why something happens using facts, diagrams, and technical vocabulary.
- Write explanation texts using the present tense, third person, paragraphs, and clear structure.
- Use linking words and conjunctions to build more complex sentences.
- Reach a conclusion based on the evidence presented.
- Read confidently during guided reading, SRA sessions, group, and independent reading.
- Identify the main ideas in a text.
- Answer different types of questions, including literal, inferential, and evaluative.
- Discuss characters, setting, structure, and events, sharing my thoughts clearly.
- Use evidence and quotations from the text to justify my opinions.
- Participate confidently in group discussions, listening and responding thoughtfully to others.
- Use new vocabulary when talking and writing about what I read.
- Summarise texts in my own words and give thoughtful responses.

Primary 6/7 (Term 3)

Internet Safety & Space





What pupils want to find out / learn about...

Internet Safey Space

How can you stay safe from scams and other dangers online?

How does screen time affect you and your sleep?

How does social media affect you?

Can we visit the Unst Space Station or and do a workshop?

How do astronauts live in space? Do they sleep? What equipment do they

How big is the world and space?

How far away is the moon and planets?

Is there life or energy on other planets?

What was the first satellite called and when was it released?

Term 3 High Quality Assessment:

Internet Safety: Pupils will create digital mind maps, posters, or slides showing:

- How screen time affects you and how to stay healthy with technology.
- Strategies to cope with difficult situations and who to go to for help.
- How to stay safe online and behave responsibly

They will share their work safely with the school during an assembly and reflect on their learning.

Space: Pupils will research and present the solar system using:

- Digital presentation (PowerPoint)
- Physical model (showing planet sizes and orbits)
- Poster illustrating planets, distances, motion, or scale

They will explain their model or presentation to peers, demonstrating understanding of size, scale, motion, time, and forces in space.

Health & Wellbeing	Numeracy	Literacy
<ul style="list-style-type: none">• Recognise and describe feelings and emotions.• Identify trusted people and support systems.• Use coping strategies during challenging situations.• Show empathy and support for others.• Work collaboratively in group investigations.• Communicate ideas confidently with peers.• Reflect on personal learning and growth.	<ul style="list-style-type: none">• Record and analyse screen-time data.• Measure and calculate proportional sizes for scale models.• Record and analyse results from experiments with forces or motion.• Use simple charts or tables to track healthy digital habits.• Apply measurement and proportion to models of the solar system.	<ul style="list-style-type: none">• Write reflections about online safety and wellbeing.• Create posters, infographics, or letters to communicate safety messages.• Present findings clearly with labels, diagrams, or slides.• Use scientific vocabulary accurately.• Write explanations and reflections about planets, motion, or forces.• Use digital tools for presentations and research.• Present creative models, diagrams, or digital presentations.