

# Tingwall Nursery Menu

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>WEEK 1</b>	Macaroni Cheese  ***** Ice Cream Fresh Fruit	Fishcakes  ***** Yoghurt Fresh Fruit	Sausage Roll  ***** Yoghurt Fresh Fruit	Spaghetti Bolognese  ***** Chocolate & Beetroot Brownie Fresh Fruit	Breaded Haddock  ***** Yoghurt Fresh Fruit

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>WEEK 2</b>	Mince & Tatties  ***** Yoghurt Fresh Fruit	Shetland Lamb  ***** Sponge & Custard Fresh Fruit	Chicken Goujons  ***** Yoghurt Fresh Fruit	Homemade Pizza  ***** Yoghurt Fresh Fruit	Quorn Curry & Rice  ***** Fruit Muffin Fresh Fruit

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>WEEK 3</b>	Cheesy Pasta  ***** Yoghurt Fresh Fruit	Beef Sausages  ***** Gingerbread Sponge & Custard Fresh Fruit	Chicken Curry  ***** Chocolate Fairy Cake	Chicken Burger  ***** Yoghurt Fresh Fruit	Breaded Haddock  ***** Yoghurt Fresh Fruit

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>WEEK 4</b>	Tattie or Pasta with toppings  ***** Yoghurt Fresh Fruit	Haddock Goujons  ***** Flapjack Fresh Fruit	Roast Chicken  ***** Yoghurt Fresh Fruit	Homemade Pizza  ***** Yoghurt Fresh Fruit	Soup & Sandwiches  ***** Coco Crispies Fresh Fruit

Any children with food allergies/intolerances please contact the Head Cook

– Menu is subject to change