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|  | **Morning snack – 9:30/10am** | **Afternoon snack – 2:15pm** |
| **Monday** | **23** | **13** |
| **Tuesday** | Toast, spread and bananas.  Milk or Water  **23** | Rice cake, cheese slice and avacado.  Water  **14** |
| **Wednesday** | Dutch crispbakes, hummus and cucumber sticks.  Milk or Water  **21** | Cheese thins, spread and grapes.  Water  **11** |
| **Thursday** | Toasted bagels, cheese and slices pears.  Milk or Water  **24** | Crackerbread, spread and sliced bananas.  Water  **14** |
| **Friday** | Fruit loaf and melon cubes  Milk or Water  **22** | Oatcakes, spread, cheese and apple slices.  Water  **11** |

**Morning and Afternoon snack W/B – 18th April 2022**