

Primary 1

ABCs: Agility, Balance and Co-ordination

- Exploring space

Primary 2/3

Basketball

- Movement
- Passing
- Dribbling
- Shooting

Primary 4/5

Basketball

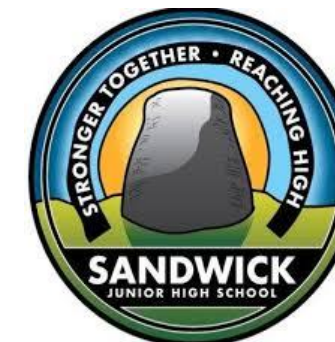
- Movement
- Passing
- Dribbling
- Shooting

Curriculum Information

Sandwich Junior High School

Term: 1

Teacher: L Thomson



Primary 6/7

Basketball

- Movement
- Passing
- Dribbling
- Shooting
- Small sided games



S1 Physical Education

Basketball

- Footwork (pivot)/Movement skills
- Passing-chest, bounce, overhead
- Intercepting
- Dribbling-control, speed
- Shooting-set shot, lay up
- Rebounding
- Transition between attack/defence-roles
- Pressure/Conditioned/
- Small sided Games

S2 Physical Education

Badminton

- To know the basic rules of $\frac{1}{2}$ and full court games
- Footwork (Movement skills) side / chasse
- Serve - high / low
- Forehand and Backhand
- Drop
- Clear
- Smash



S3 Physical Education

Football

- Movement off the ball
- Attacking skills
- Defending skills
- Team play



S3 Elective

Badminton

Methods of Gathering Data

- General Observation Schedule
- Focused Observation Schedule
- Scattergram

Personal Development Plan

National PE

Fitness

Section 2 N5 Portfolio

Methods of Gathering Data - Standardised Fitness Tests

- 12-minute Cooper Run
- Illinois Agility Test
- 30m Acceleration test

Personal Development Plan - Fitness

S4 Physical Education

Badminton

$\frac{1}{2}$ and full court games

Pressure/conditioned games

SFW Sport and Recreation

British Heart Foundation CPR training

Introduction to First Aid at Work

Skills for Work - Assist with Centre Duties booklet

Skills for Work - Assist with Activity sessions

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Key Dates: Assessment/Trips/Visiting Speakers

SFW S & R - Wednesday 02/09 - British Heart Foundation CPR training.

SFW S & R - Wednesday 09/09 - Introduction to First Aid at Work.