



Sandwick Early Years Department
Home Learning. Week 9, Term 4 2020



Story: The Lonely Beast by Zuzanna Please go to our blog to see Zuzanna to read this.
<https://blogs.glowscotland.org.uk/sh/sjhs/early-years/>

I can enjoy watching, reading or listening to different texts, including stories, songs and rhymes, and can share likes and dislikes

Numeracy - With the help of an adult, can use a shape cutter to cut your wrap, pitta bread, toast or dough into a person shape. Spread some tomato puree on and then choose your own toppings.



I can follow safe procedures when working with food.

Literacy - My name. Can you practice writing your name or letters from your name? If you have mastered that, then try writing your full name or other family member's names.



I can choose materials to make marks in their environment, e.g. using twigs in the mud, using paintbrushes on concrete, fingers in the sand

Rhyme: I'm a little teapot. Can you sing this rhyme? Make up your own verses? Draw a picture to go with it. For more ideas please go to <https://www.pinterest.co.uk/pin/28640147612498834/>



I can hear and say rhyming words and generates rhyme from a given word.

Nature Faces

Using things from nature in your garden or at the beach, can you make a picture of yourself?



Self Portrait

When you started nursery you drew a self-portrait, can you do one for us now, then we can see how your drawing has progressed.



I can choose materials to make marks in their environment, e.g. using twigs in the mud, using paintbrushes on concrete, fingers in the sand

All about me

Phonics - Focus on a sound a week:

this week 'h' Have a hunt in house and see what find starting with 'h'. Draw and write pictures starting with 'h'. Can you be 'happy' or 'helpful' around the house? Can you jump 'high'? Can you measure how 'high' you have grown? Can you draw your 'house'? Can you draw different 'hairstyles' with pens, nature, spaghetti. Can you say 'hello' to your neighbours.

I can communicate and shares stories in different ways, for example, in imaginative play.



Yoga

Cosmic Kids - Cosmic Counting Relaxation
<https://www.youtube.com/watch?v=4UyPe7S0cSg&list=PL8snGkhBF7nj00QvtE97AJFL3xZYQSGh5&index=10>

See if you can spend a few minutes doing this relaxation session from Cosmic Kids. Counting your breathing is a fantastic way of relaxing and listening to your body and how you are feeling.

Emotions

We have these emotion stones in the nursery. Can you make your own ones on paper or on stones? We would love to see what emotions you can think of and draw.



Benefits

- Helps to learn more about their own emotions and body parts.
- Fine motor skills and hand-eye coordination.
- Learning to sit and relax and listen to your body.

PE suggestion: Football - Using different types and sizes of balls, see how far you can kick, or play goalie in front of a wall or fence and see if you can kick the ball past them.



I can move an object with feet, hands or body.

As a setting we have been discussing the school values REACH and what they mean with regards to Health + Well Being. We have been talking about these thinking about the environment we are in whether its home, Nursery or with friends and family. We would like to focus on a different work each week. This week is



This has lots of meaning in our setting - we are creative in all we do. Through expressive arts like craft table, playdoh palace, water, mark making, numbers all around, outdoors. We encourage your child to be creative as much as possible and express themselves.

What does it mean to you + your child?

<https://www.pbs.org/wholechild/providers/play.html#:~:text=Creativity%20is%20the%20freest%20form.and%20nurture%20children's%20emotional%20health>

Please look at this site for more information. Remember you can share what it means to you through Learning Journals.

These are just ideas you can suggest to your child and see where they take it. Have fun, share what you do on Learning Journals in the 'parent contribution section.'



Take care and be safe EYD Team

