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## Wednesday 7<sup>th</sup> January 2026

Primary 4/5

Teacher: Mrs McClelland



Literacy	Numeracy	Health and Wellbeing												
<p>Listen to the story:  <a href="#">Snowy Adventures: A Winter Wonderland</a></p>  <p>Draw a story map – showing the beginning/middle/end of the story. Include pictures and wow words too.          Finish off by writing about your favourite character and what would you ask them if you could.</p>	<p> <b>Snow Picture Pattern Chart</b></p> <p><b>Snowflake Shape Patterns</b></p> <p>Create a repeating pattern using shapes.       </p> <p>Try patterns such as:          AB          AAB          ABB</p> <p>✓ Draw it ✓ Colour it ✓ Continue it          Example:</p> <table border="1"> <thead> <tr> <th>Pattern</th><th>Example with Snow-Themed Pictures</th><th>How It Works</th></tr> </thead> <tbody> <tr> <td>AB</td><td>     </td><td>Snowflake (A) → Mitten (B) → repeat</td></tr> <tr> <td>AAB</td><td>      </td><td>Snowflake twice (A, A) → Mitten once (B) → repeat</td></tr> <tr> <td>ABB</td><td>      </td><td>Snowflake once (A) → Mitten twice (B) → repeat</td></tr> </tbody> </table> <p><b>Movement Pattern (No Writing!)</b></p> <p>Create a <b>movement pattern</b>.</p> <p>Example:          Jump  Clap  Jump  Clap          Perform it for someone at home</p>	Pattern	Example with Snow-Themed Pictures	How It Works	AB	     	Snowflake (A) → Mitten (B) → repeat	AAB	      	Snowflake twice (A, A) → Mitten once (B) → repeat	ABB	      	Snowflake once (A) → Mitten twice (B) → repeat	<p><b>1 Mindful Snow Observation</b></p> <p>Even if you can't go outside, take <b>5–10 minutes</b> to notice the snow.          Look outside or imagine it snowing          Notice:  <b>Colours</b> (white, grey, blue...)  <b>Sounds</b> (crunching snow, wind)  <b>Feelings</b> (cold, excited, calm)          Draw a <b>“snow feelings picture”</b> or <b>write 3 words</b> to describe how it made you feel  <b>Why it helps:</b> Mindfulness helps you <b>calm your mind</b> and <b>notice the little things</b></p> <p><b>2 Snow Day Movement Challenge</b></p> <p>Get moving indoors or in the snow:          Create a <b>5-step snow exercise</b> routine, e.g.:          5 snow jumps (like jumping into a snow pile)          5 arm circles (pretend you're making snow angels)          5 high knees (running on the spot in snow boots!)          5 lunges (step carefully through snow)          5 stretches (reach for the sky like icicles)          Repeat <b>2–3 times</b>          Optional: Record your movements or draw a <b>movement sequence map</b>  <b>Why it helps:</b> Moving your body <b>keeps you active</b>, strengthens muscles, and improves mood</p>
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A short optional home learning offer during the snow closures. Feel free to email your child's class teacher any photos of their snow closure home learning if you wish to do so.