Week 1

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Sausage Roll (v)	Chicken (curry/sweet & sour or fajitas)	Homemade Burgers	Salmon/Mackerel Bites	Mince
Main course 2	Baked Potato	Vegetable Noodles or Vegetable Fried Rice	Pasta Arrabbiata	Soup & Sandwich	Tattie & Bean Pie
Sides	Beans / Seasonal Vegetables / Salad	Rice / Seasonal Vegetables / Salad	Wedges / Sweetcorn / Salad	Chips / Seasonal Vegetables / Salad	Tatties / Seasonal Vegetables / Salad
Dessert	Cookie / Fruit	Yoghurt / Fruit	Yoghurt / Fruit	Sponge & Custard / Fruit	Yoghurt / Fruit

Week 2

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Pork Sausages	Meatballs in Tomato Sauce	Macaroni Cheese	Roast Chicken	Breaded Fish
Main course 2	Baked Potato	Soup & Sandwich	Vegetable Spring Roll	Hot Dog (v)	Macaroni Pie
Sides	Chips / Seasonal Vegetables / Salad	Pasta / Seasonal Vegetables / Salad	Wedges / Seasonal Vegetables / Salad	Roast Potatoes / Stuffing / Seasonal Vegetables / Salad	Tatties / Peas / Salad
Dessert	Shortbread / Fruit	Yoghurt / Fruit	Sponge & Custard / Fruit	Yoghurt / Fruit	Yoghurt / Fruit

Week 3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Sausage Roll	Chicken Goujons	Breaded Fish	Shetland Lamb	Homemade Pizza
Main course 2	Beans on Toast	Quorn Bolognese (v)	Tomato Pasta	Cheese & Tomato Pinwheel	Soup & Sandwich
Sides	Beans / Seasonal Vegetables / Salad	Chips/Pasta / Seasonal Vegetables / Salad	Tatties / Peas / Salad	Seasonal Vegetables / Salad	Seasonal Vegetables / Salad
Dessert	Yoghurt / Fruit	Ice Cream / Fruit	Yoghurt / Fruit	Yoghurt / Fruit	Coco Crispy / Fruit