

**Week 7 Hamnavoe Primary Activity Week—choose as many activities as you like each day. Try and get a good mix of indoor and outdoor. Make sure you include all the family!**

**Movie Night**

Plan and organise a family movie night.

Choose the film and then promote with a poster and tickets.

Plan and prepare the snacks and relax!

**Home Fashion Show.**

Raid the wardrobes and put together some outfits.

Build a runway and advertise with a groovy poster.

Have your audience vote for their favourite outfit.

**Special Meal**

Plan a special breakfast, lunch or tea. Make a Menu and make the table special with place mats, place cards and invites. You might want to have a theme and request that your guests dress up?

**Join the Hamnavoe Primary Virtual Sports Day.**

See the attached sheet for the details of how to run your home sports day.

**Get on your wheels!**

Improve your cycling by learning to ride your bike or gain confidence with riding on the road. Remember Be Safe and Be Seen!

<https://www.sustrans.org.uk/our-blog/get-active/2019/everyday-walking-and-cycling/cycling-safety-for-children/>

**Wash the Car!**

Make Mum, dad or perhaps a neighbours day by giving their car an extra special wash and shine.

**The Paper Plate Challenge**

With two paper plates and any crafty bits you might find at home create a sea creature or fish and make a cool mobile to jazz up your bedroom.

**The Lighthouse Challenge**

Get creative and make a light-house.

How you do this is up to you!

Make, bake, build, draw, paint, model, photograph.

This can be in or outdoors.

**Four for the Shore**

Take a trip to the shore and pick up at least 4 pieces of plastic. Take these home and recycle if possible.

Keep Shetland Clean—Dunna Chuck Bruck!

**Sound Picture. Mindfulness**

<https://www.sharingnature.com/sound-map.html#>  
Watch the video and get inspired to listen to the sounds of our beautiful islands. All you need is to be outdoors, a piece of paper and a pencil.

Join in with our **Special Song for Activity Week**

<https://www.churchofengland.org/more/media-centre/news/hundreds-schools-sing-virtual-thank-you-song-goes-viral>

**Float Your Boat**

Make a boat out of any materials you can find. Decorate and name it.

Test if to see if it can float.

Add any special features you want your boat to have.

**Recycling - Crayons**

Gather up all your broken crayons, remove any wrappers, and break them up into small pieces. Pre-heat the oven to 120degrees. Fill a muffin tin, or baking mould, with an inch-thick layer of crayon pieces. Bake for 15-20mins or until the wax has melted. Allow to cool then pop out of tin – they will be ready to use!

**Handprint Keepsake**

Try making this salt dough family handprint keepsake – a piece of history to treasure.

250g plain flour, 125g table salt

125g water, Few drops food colouring (optional)

Mix the flour and salt together then stir in the water a bit at a time until it forms a dough. Roll out the dough with a rolling pin then make your handprints. Set it on a lined backing sheet and bake for 3hrs on the lowest setting, or until solid. Leave to cool then decorate.

**Natural Rainbow**

Take a family walk. Take a bag to gather things in. Think about the colours in the rainbow. Pick up things and then once you are home make a rainbow. If you are on the beach make your creation there. Don't forget to take a photo!

**Number Hunt**

Write down the numbers 1 to 20. Get someone in the house to hide them. You have to go and find them and then put them in order. To make this a bit more challenging you might do a timestable or square numbers. You can also make it a competition.

This can be outdoors or indoors!

**Sea Creature Charades**

Get everyone to write down the names of sea creatures on scrapes of paper. Fold these up and put into a bowl. Take turns acting them out. Play in two teams or individually. Make it more challenging by using only 1 arm or doing it silently.

**Coronavirus Time Capsule**

A great way to help children understand the historic significance of Covid-19!

You can use any sort of box or storage container and fill it with items of the times. Ideas include:

Newspaper clippings

A 2020 coin

A letter to your future self about life in lockdown

Photos/drawings

**Get Drawing**—Turn words into cartoons. What can you do with beach?

<https://www.youtube.com/watch?v=O8SpOjtOyt4>

**Marble run** Use equipment from your house or garden. There are no rules at all and are using gravity as the 'fuel'. Use toilet roll tubes, plastic bottles, egg cartons, tin foil or straws. Marbles could be ping pong balls, tennis balls or rolled up piece of tin foil. Video it in action.

**Independence Skills**

Can you make the bed? It's not as easy as it looks. What will be the quickest bed change in Burra?

**Socks challenge:**

Break the world record for the number of socks you put on one foot in 30 seconds. Take a video for proof and we will award the champion sock pooterunner!!

**Board Game Challenge**

Design a Burra Boardgame. Include all the special places. Think about chance cards, Miss a Go! Where will the treasure be???

**Light house Story**

**Watch the clip for inspiration.**

<https://www.literacyshed.com/the-lighthouse.html>

Now make up a tale about Fluglaness Light. Why don't you record it.

**Record your highlights in photographs and send these in to: [hamnavoe@shetland.gov.uk](mailto:hamnavoe@shetland.gov.uk) A video will be created for a celebration and published on Thursday 28th at 2.30pm.**