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## 10 Viking facts

Here are some facts about my name and how it relates to the Vikings. There are also some facts about Freyja the Norse goddess.

1. Parnaby most likely originates from the Viking name Beornby which means I probably have a tiny bit of Viking blood.
2. The name Parnaby is only really found in the north-east of England and Yorkshire, where it comes from, because fewer people move away from the north-east, compared to places in the south of England.
3. There are lots of places in the north east ending-by which means 'place to live' in Danish, so Parnaby might have meant 'Beorn's place' originally.
4. Freyja is the goddess of love, beauty and war. My name is also spelt Freyja.
5. Freyja had a chariot pulled by two cats.
6. Freyja's sacred flower is the daisy.
7. Freyja had a brother Freyr who was the god of peace and fertility, rain and sunshine.
8. Freyja had a pet boar with golden bristles.
9. Freyja had a cloak of falcon feathers which gives the power of flight. She lent the cloak to other gods to help them.
10. Although most people think dead warriors all went to Valhalla, actually

11. the Vikings believed that half went to Odin's hall, Valhalla and half went to Freyja's heavenly field Folkvangr.

**Freyja (10)**

## The Vikings

We are learning about the Vikings at school. Here are some things I know:

- Vikings came from Sweden, Norway and Denmark.
- They travelled on longships and were guided by the stars.
- Longships were made of wood and had a carved animal head at the front like a dragon or a snake.
- Vikings wanted new land so they raided other countries. They came to Shetland!
- Up Helly Aa is a big parade in Lerwick. People dress up as Vikings and march with fire torches. Then they burn a Viking boat!
- Vikings lived in longhouses with their farm animals. The animals were at one side and the people slept at the other side. They had a fire in the middle for cooking. We made a model longhouse at school.
- Viking warriors were fierce. They had shields, axes, swords and spears to fight.

**Harris (8)**

## Vikings

Our topic this term is the Vikings. Here are some good facts:

- The Vikings came from Sweden, Norway and Denmark.
- Most of the places in Fair Isle have Viking names, for example Kirkigeo, Quoy, Hestigeo and the Vaadal.
- They lived in long houses because they have animals inside and they have big families.
- The houses were built on hills so the muck ran down the hill!
- The long houses were made of wood (where wood was), stone (if it was easy to get), peat (if it was around) and turf for the roof.
- I have Viking blood!

Luca (7)



We had our own Up Helly Aa celebration in school today! We made shields, armour, helmets and torches. We designed and made our galley out of cardboard, wood and paper so that it would burn easily. We learned about the 3 parts of the fire triangle - heat, fuel and oxygen. Although the wind was down today compared the earlier in the week, there was plenty of little gusts. We noticed the flames go up with every gust. At the end, Gillian removed the heat by pouring water over. It was so cool to burn our own galley and toss our torches in!

Freyja, Harris and Luca

**Da week dat's awa** Thank you to our southernmost household for the diary this week...

This is Thursday 2nd February in the week of birthdays - Happy Birthday Ian. Yesterday was 1st February - Brodie one year and January 31st was Pat's birthday.

Amongst the storms there are celebrations, maybe feeling a little cooped up with the weather. Today may be a calmer day - it feels calm at the moment. Maybe there will be planes and some of the Obs workforce will be off for a while.

This morning we woke up early as Dave was feeling unwell. We had arranged that he would write the week away (*Editor: well dodged Dave - get well soon!*) however in between early coffee and breakfast I will have to see what my fingers will come up with.

Nowadays the winters seem to be busy with work people staying, so I'm still trying to get that winter feeling of doing some wool work, having my ear plugs in whilst cleaning up creating that cosy winter feeling where new dreams may be germinating.

Last Friday, the 28<sup>th</sup>, was the first full day of the Lighthouse men being here. Their energy has been so upbeat to get the work going again. Ethan and Murray have been very much helped by the Ia(i)ns, Andrew and Thomas to widen the window frames in the Lighthouse, which is a massively hard physical job. Sooo impressed seeing the new windows in, against all odds.

The Storms, the cooking, the cleaning, the socialising, having some extra people for Sunday dinner - it all feels like a whirlwind inside, and then I remember I get to enjoy the moment and forget that I am supposed to be busy. I hide and watch some delicious movies and listen to a mind blowing podcast. I will have to remind myself that it does not have to be difficult - I can breathe and enjoy the moment.

I did notice this week, that I give a lot of time to future stuff: in the moment, or in planning or looking at past ways of doing things.

So, although I am checking the time (7.45 am), I still have some time to ponder about the week, I get to be playful and see what my fingers want to create and also have time to chill, before I make the guys their late breakfast.

Not quite sure what I will rustle up - always a surprise. Motto for this week for me is to be surprised and let the moment speak to me and not worry, that must be a song!

And it is Thomas' last week on the Isle. A bit of me does not want him to go, however I don't know the bigger picture for anybody's life and also we never know what is around the corner.

We wish him well, and as for all of us, joy is an inside job!

Josie at the South Lighthouse

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### **Reminder: New Pier Public Consultation visit**

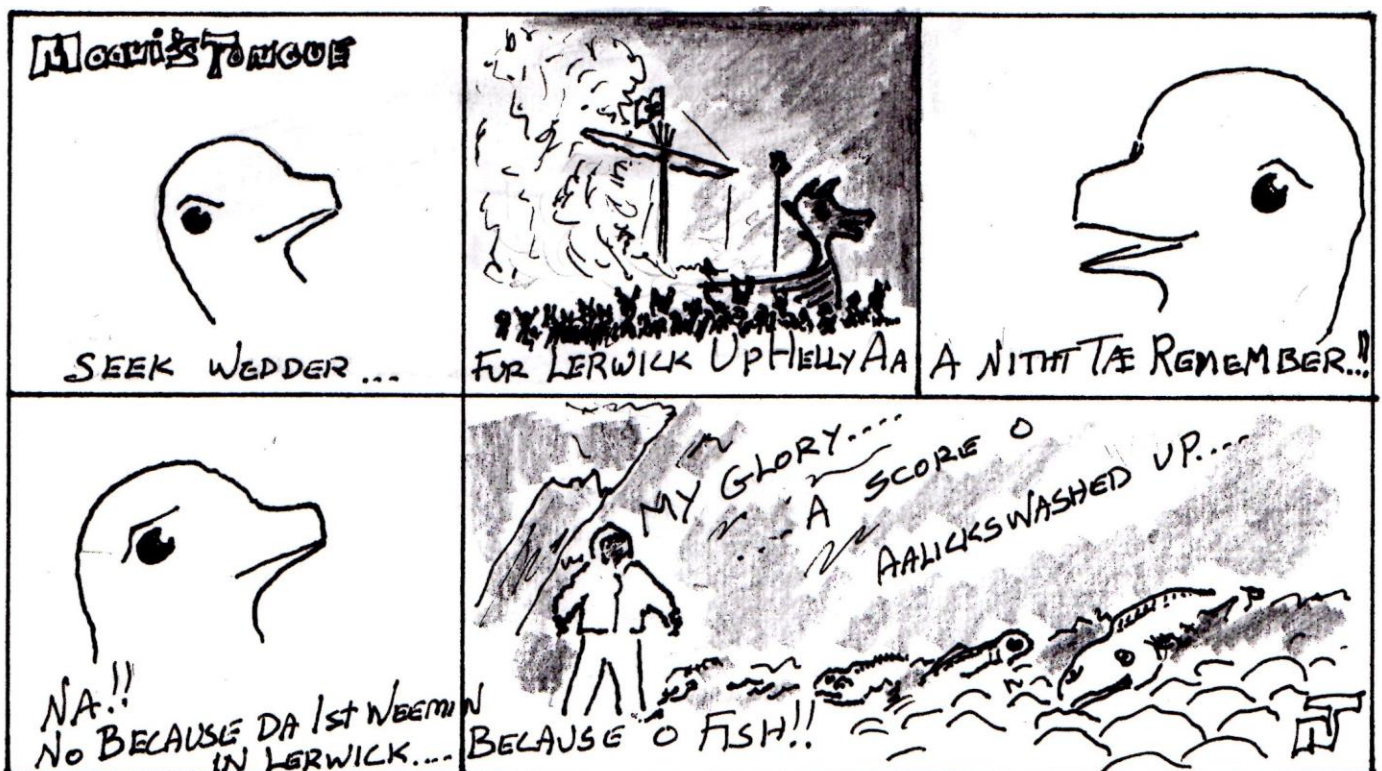
The delegation from the new pier project will be visiting the Isle on **Monday 6<sup>th</sup> February**, to share information on the project and answer any questions. The team will be at the North Haven doing certain tasks at the harbour but will also hold an open session at the **Hall from 10.30am till 11.30am**. Please do come along to see what the plans are. If weather does not permit the visit, an online meeting via Teams is scheduled for **6.30pm till 7.30pm** on Monday night, Eileen has emailed the link to isle residents.

Sunday worship at Utra this week, all welcome to join at 11am

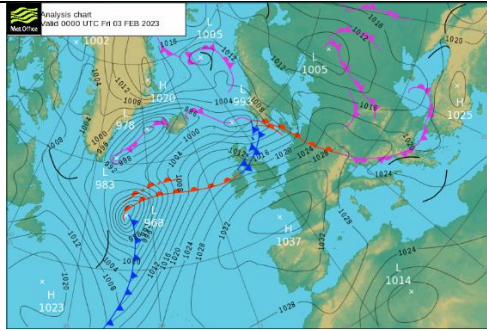
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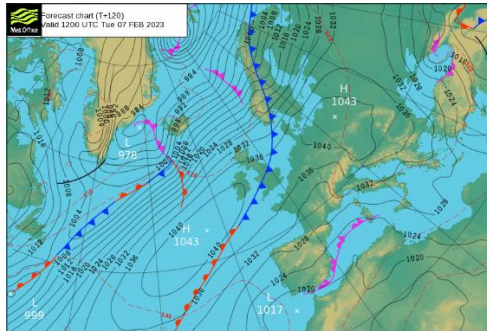
**Fish galore!!** One fantastic side effect of the recent westerly gales was found on the beaches at Hjuknigeo and Steensigeo on Wednesday. Ian braved the banx and waves to find a veritable bounty of fish on the beaches, all thrown up by the fierce seas. Mostly olicks (ling), but also a dover sole and wrasse! Surely this must be the most sustainable method of fishery possible!



## FAIR ISLE WEATHER FORECAST



**Analysis Chart 0000 UTC  
Friday 3<sup>rd</sup> February 2023**



**Forecast Chart 1200 UTC  
Tuesday 7<sup>th</sup> February 2023**

### GENERAL SITUATION

**Friday 3<sup>rd</sup> February 2023**

A flat ridge associated with an anticyclone in Biscay will swing east over Scotland today. As this declines east a depression near Iceland will drive a front east across northern Scotland later Saturday. With the anticyclone forecast to linger over the south of the British Isles while pressure remains low in the Icelandic area through much of next week a strong mild south-westerly airflow will persist as a sequence of Atlantic fronts trail across northern Scotland.

### OUTLOOK FOR THE WEEKEND

Temperatures 7° or 8° Celsius by day and 4° or 5° overnight.

**FRIDAY 3<sup>rd</sup>:** Cloudy though mainly dry at first until rain arrives later this afternoon. F6 NW'ly winds easing steadily, falling light by afternoon freshening F5 SSE'ly with the rain. The rain heavier and more persistent through the evening, becoming dry later. Cloudy but dry overnight with fresh SSW'ly winds. **Sea State:** Mostly rough with a 4 metre W'ly wind swell. East of Shetland moderate or rough at 2 to 3 metre.

**SATURDAY 4<sup>th</sup>:** Mainly dry and cloudy before rain spreads east for a time later in the afternoon. F5 SW winds increasing F6. Clearer weather with a few showers developing by evening as winds veer F6-7 WNW'ly. Mostly dry with some clear intervals overnight. Strong winds easing. **Sea State:** Mostly moderate or rough with a 3 metre W'ly wind swell but slight east of Shetland.

**SUNDAY 5<sup>th</sup>:** Rather cloudy though mainly dry. F6 WNW'ly winds easing F5 SW'ly. Some patchy rain possible overnight.

**Sea State:** Mostly rough with a 3 metre W'ly wind swell. Slight or moderate east of Shetland.

**FORECAST FOR NEXT WEEK** Temperatures 7° or 8° Celsius by day, around 5° overnight.

**MONDAY 6<sup>th</sup>:** Cloudy, windy and mainly dry for most of the day, some rain overnight. Strong SW'ly winds. **Sea State:** Mostly moderate or rough with a 2 to 3 metre W'ly wind swell. Slight to moderate east of Shetland.

**TUESDAY 7<sup>th</sup>:** Bright with showers. Strong SW'ly winds strengthening, possibly gale-force later as rain arrives. **Sea State:** Mostly rough with a 3 or 4 metre WSW'ly wind swell. A moderate SW'ly east of Shetland.

**WEDNESDAY 8<sup>th</sup> – SUNDAY 12<sup>th</sup>:** Wednesday cloudy with outbreaks of rain. Strong SW'ly winds, gale-force at times. Thursday drier and brighter with lighter SW'ly winds. Windy with rain or showers to end the week.

**Sea State Wednesday:** Mostly rough with a 3 metre W'ly wind swell. SW'ly moderate east of Shetland.

**Dave Wheeler**