**Getting it right for every child in Shetland during the Coronavirus (COVID-19) outbreak.**

While the current situation brings challenges for everyone, we know that there are additional circumstances for children, young people, parents and carers. As they deal with existing stresses and strains in their lives, they also have to deal with school closure, learning from home and less interactions with friends and other supportive connections they are used to.

While most children, young people and families have their own networks of support, there may be a need for something more to promote, support and safeguard the wellbeing of everyone in the home.

Getting it right for every child is about strengthening the wellbeing of children, young people and families, as well as providing support if and when needed. This is still true in this difficult situation.

The Named Person is clear point of contact for children, young people and parents to go to for initial advice and support. They can also connect children, young people, parents and carers to a wider network of support and services. Our Named Persons in Shetland will continue to carry out this support.

How to contact your Named Person:

* For pregnant women and parents with babies up to 10 days old, contact your named Midwife.
* For all children over 10 days old and not yet at primary school contact your Health Visitor.
* For children in primary school, contact the Head Teacher or Deputy Head Teacher. Contact numbers for all schools can be found here: <http://www.shetland.gov.uk/education/schools_information.asp>
* For children and young people in secondary school, contact the child or young person’s Pupil Support Teacher. If you are unsure of who their Pupil Support Teacher is contact the school, they will be able to tell you and give you contact details (use the link above for school numbers).
* For children and young people who are home schooled contact the Homelink teacher on 01595 745400.
* For young people aged 16 to 26 who are care experienced contact the ThroughCare/AfterCare team on 01595 745248.
* For young people aged 16 to 18 who are not registered at school contact Youth Services on 01595 74 4490.

Useful links on next page >>>>>>

**Scottish Government information can be found here:**

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

**Shetland Islands Council Community Support webpage:**

<https://www.shetland.gov.uk/communityplanning/CoronavirusSupportForCommunities.asp>

**Financial advice and support**

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| Shetland Citizen’s Advice Bureau | <https://www.shetlandcab.org.uk/> | 01595 694696 |
| Home Energy Scotland | <https://energysavingtrust.org.uk/scotland/home-energy-scotland> | 0808 808 2282 |
| Shetland Islands Council Benefits Section | <https://www.shetland.gov.uk/about_benefits/HowCanIClaim.asp> | 01595 744682 |
| Hjaltland Housing Association | <https://www.hjaltland.org.uk/customers> | 01595 694986 |
| Jobcentre Plus  | <https://www.jobcentreplusoffices.com/na/shetland-jobcentre-plus/> | 01595 732053 |
| School meals and other grants | <http://www.shetland.gov.uk/education/ClothingGrants.asp> |  |

Food information and support

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|  Brae Foodbank | 07796 807 265 |
| Unst Fair Food Fund | 01957 711495Email: up@unst.org |
| Food for the Way | 01595 692874 |
| British Red Cross (North Region Coordination Centre)  | 01463 796624 |