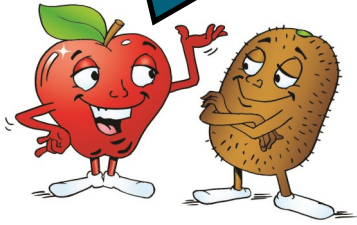
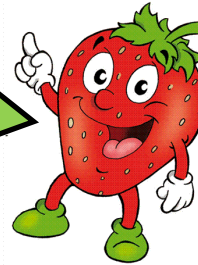


The world is full of lots of exciting fruit and vegetables!



There are so many different colours, shapes, tastes and textures!



Taste It!



In each column, write down what kind of fruit or vegetables you tried.

What words can you think of to describe it? Think about how it looks, feels and tastes.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Each day, try a different colour of fruit or veg for your snacks!

Bitter!

Sour!

Fuzzy!

Smooth!

Crunchy!

Crispy!

Spiky!

Juicy!

Hard!



Sticky!



Slimy!

Yummy!



Soft!

Chewy!



Sweet!

Delicious!

