

Brae High School



Primary Home Learning Pack

11th May

Primary 3

Here is a list of the activities for the next 4 weeks. I have tried to give you as much detail as possible in case you have internet problems or are having trouble getting onto glow. I have suggested a rough guide of how much you could do each week. However, it is up to you to work through the pack at a way that suits you best. You can email me on outlook or school email showing photos or comments about the activities. Pupils can continue to use Teams for the sharing and chatting page. Please just contact me if you have any problems at all - do your best. Remember to have plenty of breaks, keep active and get outside for your daily walk.

Here we are - January 2020!



Primary Home Learning

Literacy	<p>WRITING - try to do one a week</p> <p>1.. Write a letter to someone you are missing. It could be a family member or a friend. Tell them all about what you have up to and ask them some questions about how they are managing? You could make a rough copy and write it out in your neatest writing. You could add a picture. Remember to put the date in the right hand side and start your letter with Dear.....usually after a formal letter we sign of your sincerely or yours faithfully but you are sending the letter to someone you know, so sign off love from, best wishes, however you wish!</p> <p>2. Poster Design - Make a 'Safe at Home' Poster. Draw all the people you are at home with. Draw all the things you are enjoying doing at home. Write what you are doing in each picture. Give your poster a large title and make it bright and colourful. We will display them when we get back to school.</p> <p>3. NHS Heroes - write about someone you look up to. It could be a family member, sports star, friend or even a super hero!! Draw and Describe them and write about why they are your hero! My Hero is: Description of them and picture: Why they are my hero:</p> <p>4 Time Capsule - make a time capsule to tell someone all about 2020. Choose 5 things you would put in your time capsule. You can add pictures or letters to add into it too. Make a list of the 5 items and describe each. Use your jotter to write down all your ideas. Imagine that you are going to bury this and it will not be opened until 2070!!</p> <p>SPELLING Sumdog - your spellings are on sumdog and are changed each Tuesday for that week. GRAMMAR We will also use sumdog and I will change grammar activities every second week.</p> <p>READING We will be using www.oxfordowl.co.uk Username- brae2020 Password - Primary 3 Mars/Venus/Neptune - choose a novel from home or on website. Aim to read for about 20 minutes each day. Take yourself away and find a cozy place to read. Keep a log in your jotter of what is happening in your novel. I would like you to review the book at the end. I will put a book review sheet on the glow page.</p> <p>Earth/Jupiter Go to the website above. Type in the name of the book from list below. Aim to read a book a week. It would be great if you could read to a family member. There are activities after each book on the website. Have a go at these once you have finished the book. Books for Earth : The Lazy Giant/Things that sting/Key Trouble Books for Jupiter: The Stinky Plant/Plants For Dinner/The Orchid Thief/Please Do Not Sneeze.</p>
Topic	<p>Look at enclosed topic grid on Living Things. I have highlighted the things I would like you to try. The other ones are optional but are all fun things to do inside and outside in the garden!</p>
Other	<p>I have included some life skill activities you could also try at home - lots of them are such a great help for your family who are all busy at home just now! RSPB website has some good ideas www.worldofdavidwalliams.com www.oxfordowl.co.uk - also has lots of good ideas on other areas of the curriculum</p>

Maths – try to do one from each topic each week.

Number

1. Have a day of working on your timestables. Play bingo at home with your family, count in 2s/3s/4s/5s. Write out the timestables quickly in your jotter. Use colour and put each table on a separate page. Keep looking at these and practising them.
2. Ask someone to give you a number and write down patterns of numbers that come after that number. You could start at 11 and go up in 1s or you could start at 756 and go up in 2s You can decide how hard you want to make this. You could also go back down using the pattern. Use your jotter to record your answers.
3. Go on sumdog each week to find and spend time on the maths activities I have set your group.
4. Suns/Stars – please log in to glow/teams/file/class materials and work through subtraction chapter 9.
Moons – please log in to glow/teams/files/class materials and work through chapter 7

You can use your jotter to copy out questions if you do not have access to printer.

Fractions

1. Use your jotter, paper plate or other piece of paper and find a circle shape to draw round. Divide your pizza into 4 bits. In each part write down $\frac{1}{4}$. Remember the top number means the numerator (number of bits) and the bottom number (denominator) means how many bits it is divided into. Draw another pizza and divide it into equal pieces of your choice. Write down the fraction.
2. BBC Bitesize -primary-scotland 1st level – maths-fractions- watch clips.
3. Find something at home you have lots of.....pennies, buttons, pebbles, pasta – count out a number of them. For example. Count out 20. Now put $\frac{1}{2}$ of them to one side. How many do you have? Now put them into groups of 4. How many in each group. This is called a $\frac{1}{4}$. Record what you did in your jotter. You can draw pictures in there too.
4. Try to think of when we use fractions. Make a picture in your jotter showing a guide to using fractions. Draw a fraction/explain when we use fractions. Give examples and draw pictures.

Measure

1. Measure the height of everyone in your family. Use something at home which would be roughly the length of a metre. You can use a tape measure or something from around the house. Put the height in the correct order from tallest to smallest. You could convert into cm if you finish this quickly.
2. Use a ruler or something else you have at home – book end. Draw some shapes of different sizes. Draw 3 rectangles. If you have a ruler measure them and write their sizes. Draw squares or any other 2d shape that you are able to measure. If you do not have a ruler, just estimate what size you think they are.
3. Make something that involves measuring – this is also a language task. You do not have to make it but copy down the recipe (make it up if you want!) but it must involve units of measurement.
4. Draw 3 jars. Choose what you are going to put in them. In the 1st jar make it a full jar. In the 2nd jar, make it $\frac{1}{2}$ full. In the 3rd jar, make it a $\frac{1}{4}$ full. Decorate your jars!

Play any number games you have at home. Write down what you played and how you got on.

Websites to use for extension activities

www.topmarks/daily 10 – good questions on a range of maths concepts. Great starter for the day!

www.sumdog.co.uk – I will be putting on challenges for each maths groups to do with the above topics please try to go on weekly to complete the challenges.



Montessori Practical Life Age Chart



Toddler Tasks

Help prepare snacks
Help with dishes
Help set the table
Help feed the pets
Pick up toys
Put books back on the bookshelf
or in a basket
Throw trash away
Help with laundry - putting it
in the washer and taking it out
of the dryer
Hanging clothes to dry
Fold washcloths
Sweep small areas
Pick out clothes to wear

Age 3-6 Tasks

All previous chores plus:

Sweep
Help vacuum
Help prepare meals and snacks
Set and clear table
Help wash dishes
Feed pets
Clean mirrors and windows
Make their bed
Sort clothes, hang to dry, help
fold
Tend to the garden
Tidy their room
Polishing silver
Wiping the table before and
after meals

Age 7-10 Tasks All previous chores plus:

Take out the trash and
recycling
Wipe down bathroom sinks
and tubs/showers
Prepare small family meals
(parent staying in kitchen for
help and supervision)
Mop and vacuum more
thoroughly
Dust thoroughly
Help with lawn care

Age 11 and Up Tasks All previous chores plus:

Do the laundry
Help build and fix things
needed
Mow the lawn
Help write out a weekly meal
plan
Help prepare and cook larger
meals

**Children of this age are
capable of learning & helping
with most grown-up tasks.**

Brae High School

Term 4 Planner – Living things!



BRAE HIGH SCHOOL
"Wirk tagidder wi ean anidder"

Parent signature: _____

Date: _____

Get Creative - make the rainbow fish out of things from home - coloured pens/tissue/crepe/strips of paper or even paint! Make a background for your fish!	Make a texture board - use the 5 types of living things to find textures/materials lying around which would represent their skin. Eg, mammal - fur. Bird - feather Write the type of creature and glue/attach the texture type beside.	Try some Spring Yoga - Arms up high to say hi to the sun Right leg up high, hands up high - pretend to be a tree. Pretend to be a flying bird Pretend to be the falling rain Pretend to be planting seeds.	Make a bug Hotel - find things out and about to make your own bug hotel - you will need sticks/stones/wood...something you can build up layers and add in grass soil - keep an eye and see if it encourages bugs!	Make an information leaflet about your favourite living creature - choose from mammals/birds/reptiles/fish/amphibians - explain why you chose it and why you like it. Draw a picture of it, label it, colour it in and describe it!
On Glow go into launcher and click add app - add tig tag! Look up Life Processes and watch the videos shown. These will all be helpful with information for some of the activities listed,	Draw a line down the middle of a piece of paper. Draw a mini beast on the line of symmetry. You can add to the picture - a leaf, plant, background - it all has to be symmetrical. You could draw a beetle, ladybird, spider, butterfly!	Use lego/construction material you have at home to make a habitat for a living creature. You decide which creature to choose but try to make the habitat one found in Shetland!	Go on a walk round your garden or when out on your daily walk - make a list of things that tell us it is now Spring. Use your senses.	Choose either a tadpole or caterpillar and make a diagram showing their lifecycle - do a step by step picture/description of how they change. You could use a diff piece of paper for each stage and join it altogether. Be creative and make it colourful.
Find pictures of Vincent Van Gogh's sunflower or Poppies, Georgie O'Keffe's May Flower and Claude Monet's Water Lily Pond. Choose your favourite piece of art and draw/paint your own masterpiece!	BBC bitesize have fab clips about Living Things. Look at What is a food chain? Watch video and do the quiz at the end. There are lots more clips under Living Things. Choose which ones you would like to watch. They all have fun quizzes after them! Bbc.co.uk/bitesize Choose Scotland p2-4 Choose Science/Living Things	On Glow you will find the Shetland Digital Hub. Click on Nature Nudge and choose a video to watch. There are lots of activities to do after each activity. Select one of your choice. If you enjoy this, watch another video, they are all great and all filmed in Shetland! Shetland digital hub Click on Pupils tab bar Click on nature nudge	On your daily walk or out in your garden spend some time listening for bird song. Can you hear anything different? Can you find out about the birds you can see around your home. If not, find out what kind of birds can be found in Shetland in springtime!	Make up some exercise cards to do at home. Use different creatures to make shapes. Frog jumps elephant stomps Starfish jumps Cheetah run gorilla shuffle Crab crawl Decide how many to do of each. Add your own ideas too.
Parts of a Plant - look in your garden or find a picture of a plant on the internet or in a book. Draw it and add in the names seed/flower/leaf/stem/root	Youtube - living things/science songs for kids - listen and join in!	Draw a line down page in your jotter. One one side make a list of living things eg trees, fish, caterpillar etcon the other side non living things - car, table , piano etc etc	Play The Garden Centre at home - make pretend packets of seeds to sell, draw flowers to display in your garden centre, use playdough to make seeds and bulbs to sell. Find old pots and put things in them.	Make signs for your garden centre and make a price list for all that you are selling. If the weather is nice you could set up in the garden. Find stones, paint them and add them to your stock. Have Fun!

Life Skills

Skills for Life * Skills for Learning * Skills For Work

Have a go at some of these important life skills. Ask a sibling or an adult to help you, they might have some top tips.

Remember this is all learning too!

COOKING/BAKING <ul style="list-style-type: none"> - How to follow a recipe - How to use/read scales - How to use a measuring jug - How to use the hob safely - How to use the oven safely - How to set a timer - How to make a sandwich - How to boil, fry, poach, scramble eggs and make an omelette - How to boil pasta/rice/potatoes etc - How to use a knife safely - How to use a vegetable peeler - How to grate cheese etc - How to melt chocolate - How to crack an egg - How to sieve flour - How to whisk, mix, fold in etc - How to check things are cooked * VERY IMPORTANT TO LEARN * - Hygiene (wash hands, disinfect surfaces, tie hair back etc) - Safety when handling hot things and using sharp objects etc 	CLEANING <ul style="list-style-type: none"> - How to sweep the floor - How to Hoover - How to dust - How to mop - How to empty the bin - How to clean the kitchen/bathroom - How to clean mirrors/glass - How to wash the dishes or use the dishwasher - How to clean the car (inside & out) 	LAUNDRY <ul style="list-style-type: none"> - How to read clothes labels for washing/ironing instructions - How to use the washing machine - How much detergent to use - How to hang clothes on the washing line outside or inside - How to use the tumble drier - How to iron clothes safely - How to fold clothes & put it away - How to change bedding/make the bed 	CAREER <ul style="list-style-type: none"> - How to recognise your own qualities, values, skills and talents - How to write a CV/application form - How to be professional and present yourself in a job interview - How to develop good time management skills - How to communicate effectively - How to work as part of a team - How to motivate yourself
	FINANCES <ul style="list-style-type: none"> - How to know the difference between wants and needs - How to budget money - How to save money - How to read a bank statement - How to understand credit & loans - How interest rates work - How to understand insurance - How mortgages work - How debit/credit cards work - What signing a contract means 	EMOTIONAL INTELLIGENCE <ul style="list-style-type: none"> - How to recognise when you feel sad/angry/happy/anxious/unwell - How to use coping strategies to control and manage emotions - How to manage stress - How to deal with disappointment - How to have a growth mindset - How to be mindful & think positively - How to bounce back & be resilient - How to continually build my confidence and self-esteem 	SAFETY/RELATIONSHIPS <ul style="list-style-type: none"> - How to test the fire alarm - How to do basic CPR & First Aid - Who to talk to when you feel worried/anxious or don't feel safe - How to stay safe online - How to negotiate & communicate effectively with others - How to overcome a disagreement - How my actions affect others - How to show empathy & Compassion for others

Learning these skills will enable you to become a confident & independent adult.

You can highlight the life skills you have tried/discussed if you want to.

First Level PE Home Learning Ideas

Physical Competencies

Can you make a tall shape, small shape, and a wide shape with your body?

Can you balance on 1 leg for a count of 5 on a small step?

Can you perform hopscotch? Landing on 1 foot – 2 feet, 1 foot – 2 feet?

Can you jump, jump, clap – jump, jump, clap? Repeat as many times as you like.

Can you jump with two feet together and land on one foot?

Physical Fitness

Can you do 30 star jumps without stopping?

Can you do 10 star jumps faster than an adult in your house?

Can you hold the plank position on 1 elbow and 1 foot (keep your legs and belly off the ground)?

While sitting wide legged on the floor, how low to the floor can you get your chest?

Problem Solving

Can you find pack a pretend overnight bag? Get someone at home to check you have the things you may need.

Can you write the alphabet whilst someone is talking to you?

Can you choose from a selection of games, a game that you and an adult could play?

Can you build a den? Either in your house or garden.

Cognitive Skills

Can you do 30 star jumps first thing each morning for a week?

Can you arrange a time for you and someone at home to exercise together?

Can you tap your head at the same time as rubbing your tummy?

Can you guide someone at home who is blindfolded, safely, from one room to another in your house?

Can you play Simon Says?

Can you find out from the people at home what their favourite thing from the day was?