

# Parent Link Shetland

*Positive parenting skills for all*

## Parenting Matters

This course equips parents and carers with the skills to reduce conflict and deal with it more effectively.

It offers fresh skills and strategies to help make family life with your child less stressful and more enjoyable for all.

A toolkit for parents of children of all ages.

Parent Link will be running the above parenting course

**Islesburgh Community Centre, Lerwick**

**6.00-8.00pm from Tuesday**

**30th April 2019 for 4 weeks**

If you are interested in attending please contact  
Wendy Hand

**Phone: 01595 743902**

**E-mail: [parentlink@shetland.org](mailto:parentlink@shetland.org)**

**[www.shetland-communities.org.uk/pls](http://www.shetland-communities.org.uk/pls)**

