|  |  |  |  |  |  |  |  |  |
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| |  | | --- | | [Image result for nature images](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiwiezhj_nTAhVFfRoKHbOoDGwQjRwIBw&url=https://www.pexels.com/search/nature/&psig=AFQjCNFzbpNJW5W2zvSfKF2CMAg475-62w&ust=1495185926052220)  **Stress Management and Mindfulness** | | **A session for parents/carers of children or adults with social communication difficulties/ autism spectrum disorder**  With Dr Michael McCreadie & Linda Woodcock of AT Autism | | For more information: 01595 745588  [psychological.service.admin@shetland.gov.uk](mailto:psychological.service.admin@shetland.gov.uk) | |  | |  | | --- | | **Tuesday** **6 June 2017****5.30pm to 7.30pm****Anderson High School** **(staff room)****Lerwick** | |  | | Shetland Islands Council  Children’s Services  Psychological Service | |