

Skills Development Scotland - Careers Service

Term 1 Newsletter



Here at Skills Development Scotland (SDS) we support pupils, parents and teachers with a comprehensive range of career information advice and guidance (CIAG) services.

School Careers Advisers will be working with pupils from all year groups through group work sessions and/or individual appointment throughout the academic year. We all want our young people to be effective lifelong career planners who can make informed and confident decisions about their future.

If you would like to find out more about our services you can visit our website: <https://www.skillsdevelopmentscotland.co.uk/what-we-do/scotlands-careers-services/>

Career Management Skills

Careers Advisers can work with pupils to help them to develop their own Career Management Skills and can support them to make informed decisions about their future career path and highlight the range of career routes out there.



Self – *knowing who you are* – how pupils can understand and reflect on who they are and what they can do, knowing what’s right for them, reflecting on life, work and learning and thinking about their likes/ dislikes, interests and motivations.

Strengths – *knowing what you are good at* – relates to the understanding of skills, knowledge and experience, with pupils reflecting on what they are good at, considering transferable skills and evidencing strengths through examples.

Horizons – *knowing what is out there* – where pupils think about the options and routes available after school and in the long term throughout their lives, how to make decisions and access opportunities in employment, education and training.

Networks – *knowing who can help you* – understanding who can help, who pupils can source advice from, who can help with decisions – such as teachers, Pupil Support, Career Coach, employers, training providers, representatives from colleges/universities, family, friends and other contacts.

Welcome to My World of Work

When it comes to your career, there are so many possibilities.

But where do you begin? We're not just here to get you started - we're here to guide you every step of the way.

In school or leaving school
We're here to help you plan your future career.

In work or looking for work
Discover your route to new skills or a new career.

College and uni students
From job searching to interviews, we've got you covered.

Parents and carers

Educators

16 to 24 year olds

My World of Work

Our careers website My World of Work has a range of tools, resources, information and advice and is free to access at any time. It is designed to support people of all ages and stages. You can visit our website:

<https://www.myworldofwork.co.uk/>

Pupils will have a range of people within their network who can support them with their decisions, in and out of school. Within our website, we have a specific area for parents and carers which can be accessed here:

<https://www.myworldofwork.co.uk/parents-carers>

Further information

Careers Advisers also attend school events, Parents Evenings and Information sessions and work closely with partner agencies in and out of school. If you would like to get in touch with the school careers adviser, you can contact the school directly, or by phone or email below.

This term S2 pupils will be offered a short meeting to introduce our service and to prepare for upcoming decisions/ options. Pupils will receive an appointment card with a time/ date, which can be rescheduled if necessary, parent/ carers are welcome to attend, can access us at parents evening or can contact us directly.

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