

# Our AHS - Our Health and Wellbeing



## I AM HEALTHY

I look after my body and mind  
I feel I belong



## I FEEL NURTURED

I feel I belong  
I have adults I can talk to



## I AM ACHIEVING

My achievements are valued  
I agree my learning targets with adults



## I FEEL SAFE

I feel safe  
I know adults who I trust



## I AM ACTIVE

I am active  
I enjoy learning outside



## I FEEL RESPECTED

I feel valued  
I receive praise and encouragement



## I AM RESPONSIBLE

I show care and respect for others  
I am learning to make good choices



## I FEEL INCLUDED

I feel part of my school  
I feel listened to