

Careers Information for Parents and Carers

Aith Junior High School works with careers advisers from Skills Development Scotland (SDS) to provide careers information, advice and guidance for secondary pupils, with an adviser visiting the school on a regular basis.

The Careers Adviser supports young people to develop the skills, knowledge and confidence needed to make informed decisions about learning, training and employment. Support is available to all pupils and is tailored to their individual needs and aspirations. Careers activities take place throughout the school year, including group sessions, careers events and one-to-one appointments.

Parents and carers play an important role in career planning and are welcome to attend careers appointments with their child. If your child would benefit from careers support, they can request an appointment using the online form: [Book a careers appointment](#). Appointments can also be arranged through the school office or Pupil Support.

Careers guidance can help young people to:

- Understand their strengths, skills and interests
- Explore the range of opportunities available to them
- Make informed subject and pathway choices
- Plan their next steps after school
- Develop confidence in managing their future career journey

For further information about careers services and resources, please contact the school or the Careers Adviser.

Contact information

Kathleen Mullay – Careers Adviser

kathleen.mullay@sds.co.uk

Skills Development Scotland – Lerwick Office

lerwick@sds.co.uk

01595 695791

Many thanks,

Kathleen Mullay Careers Adviser

Tel: 01595 695791 (Lerwick Office) or 01595 522 800 (Direct Dial)

My working hours are Monday-Friday 9am-3pm

