

HEALTH & FOOD TECHNOLOGY HIGHER

EXAM TECHNIQUE

ANSWERING THE STAR PROFILE EVALUATING QUESTION



Technique

Sample response

STAR PROFILE EVALUATING QUESTION

You will be asked to evaluate the suitability of a dish in relation to a particular person or situation. See the question below.

Evaluate the suitability of this milk shake for a **nursery child**, using the star profile below.(4)

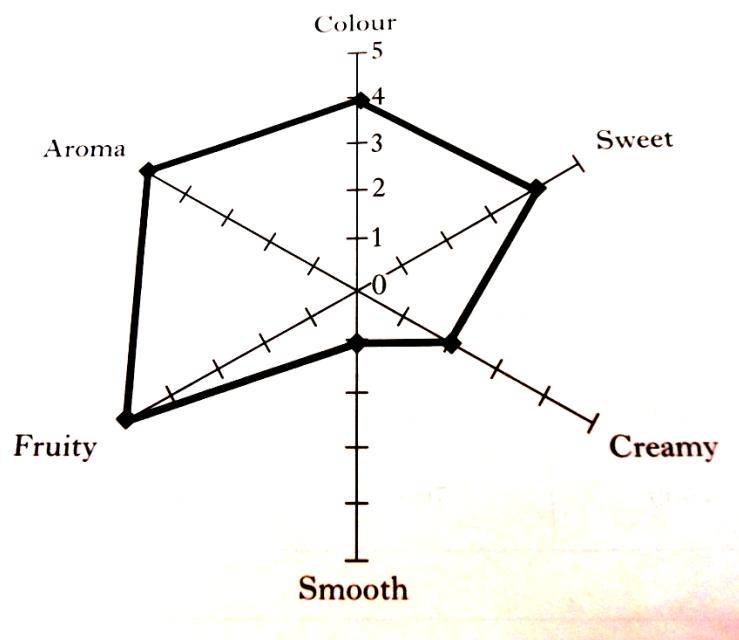
Key: 5 = very high

4 = high

3 = slightly high

2 = low

1 = very low



Technique – FOC – Fact, opinion and consequence.

F	A clear understanding of the rating related to nursery child
O	A judgement of its suitability in relation to nursery child .
C	The impact on the needs of the nursery child .

4 marks available means you need to give 4 evaluative comments.

SAMPLE ANSWERS.

Creaminess 2 (low)

taken from the wording in the key

Fact - The milk shake has a low score of 2 for **creaminess**, which may indicate that it does not have a high fat or cream content.

Opinion - This is good

Consequence - as the milk shake will not increase total fat intake in the diet of **nursery children** and this could help prevent weight gain/ obesity/ coronary heart disease in later life.

STAR PROFILE EVALUATING QUESTION

Aroma 5 (Very high)

taken from the wording in the key

Fact - The milk shake has a very high score for **aroma**, which may suggest a strong smell.

Opinion - This may be good for the nursery child

Consequence - As they may like the smell of the milk shake they will be encouraged to try it.

Colour 4 (high)

Fact - The milk shake has been rated high for colour which suggests it is colourful and appealing

Opinion – this may be suitable for the nursery child

Consequence – As the milk shake is colourful it will look attractive and appeal to nursery children so more likely to drink it all.

OR

Colour 4 (high)

Fact - The milk shake has been rated high for colour which suggests it is colourful and appealing and may have artificial colourings added.

Opinion – this may be unsuitable for the nursery child

Consequence – some artificial colourings may cause hyperactivity in the nursery child so could affect their behaviour/ difficult to concentrate.